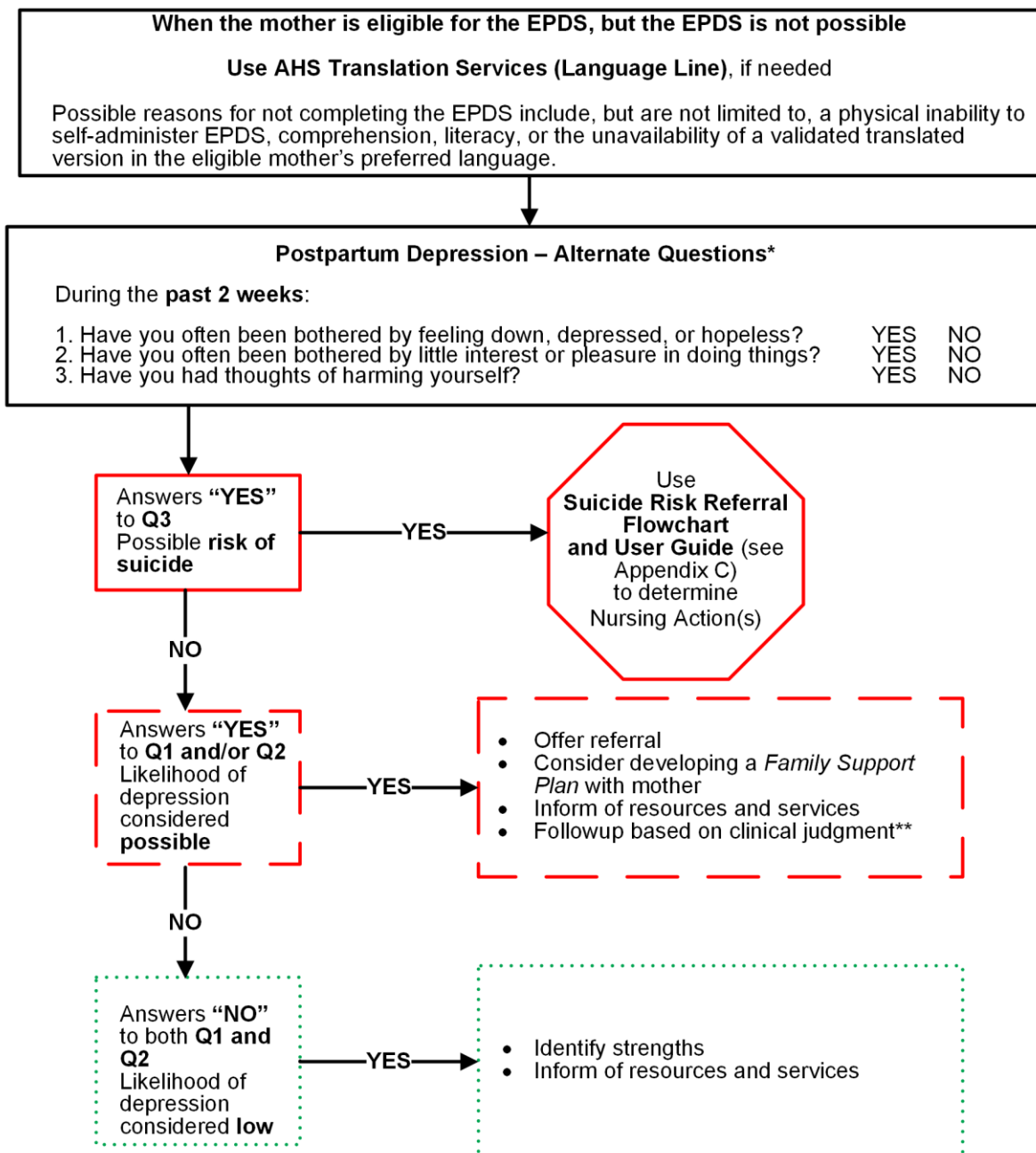


APPENDIX B: Postpartum Depression – Alternate Questions Referral Flowchart



Note:

*The *Postpartum Depression - Alternate Questions* are comprised of three questions: two questions are adapted from the Patient Health Questionnaire (PHQ2) and one risk of harm question. The PHQ2 enquires about the frequency of depressed mood and loss of interest or pleasure in doing things (anhedonia) over the past 2 weeks. The purpose of the PHQ2 is to screen for depression as a first step approach. Those who screen positive shall be sent for further assessment. The *Postpartum Depression - Alternate Questions* are delivered verbally and facilitated by AHS Translation Services (Language Line) when the mother has limited English or is a non-English speaking or reading person.

**The public health nurse shall exercise clinical judgment in conjunction with interactions with the eligible mother to guide shared decision making regarding nursing actions including rescreening, followup timeframe, further assessment, and support and/or referral options.