**Assisted Self-Isolation Site**

គ្រប់គ្រងប្រភេទ អោយ-វ័នីនករ៍ នៃ ១ ឆ្នាំ (General COVID-19 Information)

ប្រកួត ១ ដី គ្រប់គ្រង ៗ (What are the symptoms of COVID-19?)

- ប្រកួត ១ ប្រភេទ កឮព្រូ ទៅ ២ ខេត្ត នៃ ប្រេង ក្នុង ការប្រភេទ មកដាន ។
- ប្រកួត ១ ដី គ្រប់គ្រង ៗ (What are the symptoms of COVID-19?)

*រាប់រីរាប់ពាន់ឆ្នាំ ក្នុង ការប្រភេទ មកដាន* (Assisted Self-Isolation Site)
Your Stay at the Assisted Self-Isolation Hotel

- Your COVID-19 test result is positive.
- Your self-isolation site is a hotel.

- You have received COVID-19 treatment.
- You must self-monitor your temperature.

Confidentiality

COVID-19 Testing

- Your COVID-19 test result is negative.

Assisted Self-Isolation Hotel

- You must self-monitor your temperature.
- You must self-isolate for 14 days.

COVID-19 Testing

- Your COVID-19 test result is negative.

Confidentiality

COVID-19 Testing

- Your COVID-19 test result is negative.
**Medical and Personal Protection Measures**

The medical team will provide you with personal protection equipment (PPE) upon your arrival, as per the standard protocols. Please ensure that you follow these guidelines at all times.

**Movement/Visitors**

Visitors and movement are allowed in the designated areas as per the current health guidelines. Please consult the information board for more details.

**Meals**

Meals will be served according to the health guidelines. Ensure that you follow the posted hygiene protocols.

**Tap Water**

Tap water is available for your use. Please ensure that you drink enough water to stay hydrated.

*Alberta Health Services*
Information For Your Stay

Assisted Self-Isolation Site

Room Services

- Room services, laundry, and cleaning services are available upon request. Guests may request room service or laundry by phone or through the online portal.
- Ask for urgent assistance if any issues arise.

Personal Care Measures

- Request items such as toiletries, medical supplies, and cleaning agents as needed.
- Have a designated staff member who can assist you.

Deliveries to Hotel or your Room

- Deliveries are made to your room upon request.
- Request urgent assistance in case of any issues.

Internet and phone calls

- Internet and phone service are available.
- Report any issues to the designated staff member.

Communications with Isolation Staff

- You may communicate with the isolation staff by phone or online portal.
- If you require urgent assistance, call 911 immediately.

Urgent Assistance

- Urgent assistance is available 24/7.
- If you require urgent assistance, call 911 immediately.

Personal Health Services

- Personal health services are available upon request.
- Report any issues to the designated staff member.

Online portal

- Use the online portal to request items, report issues, or communicate with the staff.
- Access the portal through your phone or computer.

 Alberta Health Services
Appendix A: Education on mandatory isolation periods

The 14-day mandatory isolation

- At your assisted self-isolation site, you will spend 14 days in self-isolation. During these 14 days, you must remain in your isolation site and only leave for essential activities such as medical appointments or as directed by the Public Health Officer.
- If you develop symptoms while self-isolating, you must immediately isolate yourself from others and contact the Public Health Officer.
- If you need to leave your isolation site for a medical appointment, you must obtain permission from the Public Health Officer.
- You must also follow all other public health measures, such as wearing a mask in public and maintaining physical distance.

Appendix B: Education on mandatory isolation

- You must wear personal protective equipment (PPE) at all times while at your assisted self-isolation site.
- You must also follow all other public health measures, such as wearing a mask in public and maintaining physical distance.
- You must also follow all other public health measures, such as wearing a mask in public and maintaining physical distance.

Appendix C: Education on mandatory isolation

- You must wear personal protective equipment (PPE) at all times while at your assisted self-isolation site.
- You must also follow all other public health measures, such as wearing a mask in public and maintaining physical distance.
- You must also follow all other public health measures, such as wearing a mask in public and maintaining physical distance.

Appendix D: Education on mandatory isolation

- You must wear personal protective equipment (PPE) at all times while at your assisted self-isolation site.
- You must also follow all other public health measures, such as wearing a mask in public and maintaining physical distance.
- You must also follow all other public health measures, such as wearing a mask in public and maintaining physical distance.

Appendix E: Education on mandatory isolation

- You must wear personal protective equipment (PPE) at all times while at your assisted self-isolation site.
- You must also follow all other public health measures, such as wearing a mask in public and maintaining physical distance.
- You must also follow all other public health measures, such as wearing a mask in public and maintaining physical distance.

Appendix F: Education on mandatory isolation

- You must wear personal protective equipment (PPE) at all times while at your assisted self-isolation site.
- You must also follow all other public health measures, such as wearing a mask in public and maintaining physical distance.
- You must also follow all other public health measures, such as wearing a mask in public and maintaining physical distance.

Appendix G: Education on mandatory isolation

- You must wear personal protective equipment (PPE) at all times while at your assisted self-isolation site.
- You must also follow all other public health measures, such as wearing a mask in public and maintaining physical distance.
- You must also follow all other public health measures, such as wearing a mask in public and maintaining physical distance.

Appendix H: Education on mandatory isolation

- You must wear personal protective equipment (PPE) at all times while at your assisted self-isolation site.
- You must also follow all other public health measures, such as wearing a mask in public and maintaining physical distance.
- You must also follow all other public health measures, such as wearing a mask in public and maintaining physical distance.

Appendix I: Education on mandatory isolation

- You must wear personal protective equipment (PPE) at all times while at your assisted self-isolation site.
- You must also follow all other public health measures, such as wearing a mask in public and maintaining physical distance.
- You must also follow all other public health measures, such as wearing a mask in public and maintaining physical distance.

Appendix J: Education on mandatory isolation

- You must wear personal protective equipment (PPE) at all times while at your assisted self-isolation site.
- You must also follow all other public health measures, such as wearing a mask in public and maintaining physical distance.
- You must also follow all other public health measures, such as wearing a mask in public and maintaining physical distance.

Appendix K: Education on mandatory isolation

- You must wear personal protective equipment (PPE) at all times while at your assisted self-isolation site.
- You must also follow all other public health measures, such as wearing a mask in public and maintaining physical distance.
- You must also follow all other public health measures, such as wearing a mask in public and maintaining physical distance.

Appendix L: Education on mandatory isolation

- You must wear personal protective equipment (PPE) at all times while at your assisted self-isolation site.
- You must also follow all other public health measures, such as wearing a mask in public and maintaining physical distance.
- You must also follow all other public health measures, such as wearing a mask in public and maintaining physical distance.
ਸਹਾਇਤਾ ਪ੍ਰਾਪਤ ਸਵੈ-ਇਕਾਲਵਆਸ ਦੀ ਥਾਂ (Assisted Self-Isolation Site)

• ਜੇ ਖੇਤਰ ਵਿੱਚ ਦੇਖਣ ਦੇਸ਼ੀ ਲੋਕ ਜੋ ਕੇਂਦਰ-19 ਦੇ ਕੋਈ ਉੱਤੇ ਟ੍ਰੈਕਟ ਲਗ ਚੁੱਕਾ ਹੈ, ਤਾਂ ਉਨ੍ਹਾਂ ਲਈ ਹੱਲ ਚਾਹੀਦਾ ਹੈ।
• ਕੇਂਦਰ-19 ਦੇ ਸੇਵਾਵਾਂ ਲਈ ਇੱਕ ਪ੍ਰਤੀਕ ਸਾਹਿਤ ਦੀ ਸੂਚਨਾ ਦਿੱਤੀ ਗਈ ਹੈ, ਜਿਸ ਦੌਰ ਵਿੱਚ ਲੋਕ ਨੂੰ ਦੱਸਿਆ ਗਿਆ ਹੈ ਕਿ ਇਸ ਨੂੰ ਜਾਣਕਾਰੀ ਪ੍ਰਾਪਤ ਕਰਨ ਲਈ https://www.alberta.ca/isolation.aspx ਵਿੱਚ ਚੁਣਾ ਨੇਲਾ ਸੂਚਨਾ ਪ੍ਰਕਾਸ਼ਿਤ ਕੀਤੀ ਗਈ ਹੈ।

ਉਨ੍ਹਾਂ ਨੂੰ ਪ੍ਰਭੂ ਲੈ ਕੇ ਕੇਂਦਰ-19 ਦੇ ਕੋਈ ਕੇਸ਼ ਦੀ ਕਰਨੀ ਚਾਹੀਦਾ ਹੈ,