



Message from
Dr. Verna Yiu
AHS President and CEO



Supporting each other in tough times

To all staff, physicians and volunteers,

In light of the recent tragic events, including the attack on a Muslim family in London, Ontario and the discovery of 215 Indigenous children near the site of Canada's largest residential school near Kamloops, B.C, we recognize that this may be a difficult time for you and those people around you.

As an organization, please know that we stand behind you and we're always here for you.

Events like this underscore why our diversity and inclusion efforts are critical to recognize, respect and value the diversity of our people, patients and families.

Knowing these situations may evoke different feelings and impact you personally, confidential support services are available through the [Employee and Family Assistance Program](#) available 24/7 at **1-877-273-3134**. The [Help in Tough Times](#) page also offers quick access to important phone numbers, self-help resources and supports on handling stressful situations. Physicians can find support through the [Physician and Family Support Program](#) (PFSP) by the Alberta Medical Association. The support line at 1-877-SOS-4MDS (767-4637) is also available 24/7.

In addition, online resources are available, including the following [Change the Conversation](#) resources: [Intergenerational Trauma](#), [Being an Ally](#) and [Fearing Differences – Xenophobia](#). Many more resources can be found on the [Diversity and Inclusion](#) and [Respectful Workplaces](#) Insite pages.

During this time, we also encourage you to check in with your co-workers, friends and family for support. To help you create a sense of belonging, you can find connections through our [Ethnic Minority Workforce Resource Group](#). This voluntary group brings together members of our workforce who share common identities,

characteristics, and backgrounds.

We hope we can all come together and stand against racism and support each other as we move forward.

Sincerely,

Dr. Verna Yiu

AHS President and CEO



Healthy Albertans.
Healthy Communities.
Together.

