

# COVID-19 Client Information

## **Is the COVID-19 shot safe?**

**Yes.**

Tests on the vaccine, or shot, have been done on many people to make sure they are safe. The vaccine we use in Canada is very safe. Only safe vaccines can be used in Canada.

## **Who should get a COVID-19 shot?**

**Everyone.**

Everyone can get sick from COVID-19. You should get a COVID-19 shot as soon as you are able.

## **How will getting the shot help me?**

**It will protect you and others around you.**

Even healthy people can get sick and die from this virus.

Protect one another. Getting your shot is the best way to protect yourself, and those around you from COVID-19.

## **Can the COVID-19 shot give me a coronavirus infection?**

**No.**

Getting your shot cannot make you sick with COVID-19.

## **Are there side effects from the COVID-19 shot?**

**Many people have no side effects from the COVID-19 shot.**

Very few people have something serious happen after getting this shot. If you do have side effects, they should go away in a few days. If they do not go away after a few days, please call 811 to speak to a nurse about how you are feeling.

After the shot, you might:

- see redness, warmth, swelling, bruising, itching or feel sore where you had the needle

We're in this together.  
We'll get through it together.



- feel tired or unwell
- get a headache
- have a fever or chills
- feel body aches or sore joints
- feel sick to your stomach (nausea), you might vomit (throwing up), or have loose stool (diarrhea)
- get swollen lymph nodes

It is important to wait for 15 to 30 minutes after your shot to make sure you are okay before leaving.

## **What should I know about having a bad reaction to the shot?**

**Not many people get really sick after getting the shot.**

If you start to feel any of the below, please call 911 right away and tell them you had the shot:

- a very bad headache that does not go away
- a seizure
- difficulty moving a part of your body
- trouble seeing, or things are blurry
- a hard time speaking
- trouble breathing
- chest pain
- really bad stomach pain
- your arm or leg is a different colour than normal
- red or purple spots on your body
- bruising (other than where you had the needle)
- bleeding (more easily than normal)

## **Do I need an Alberta Health Care Card or pay to get the shot?**

**No.**

Staff will help you get the shot, even if you do not have an Alberta Health Care card.

## **Will I Have to pay for the COVID-19 shot?**

**No.**

The COVID-19 shot is free.

We're in this together.  
We'll get through it together.

