Provincial Designated Support Person and Visitor Screening Questionnaire for Acute Care, Ambulatory, Emergency and Urgent Care Facilities

This questionnaire was developed to reduce the risk of transmission of COVID-19 in Alberta Health Services Acute Care, Ambulatory, Emergency and Urgent Care Facilities. The following questions are designed to be compliant with CMOH Orders and the Alberta Health Services COVID-19 Provincial Designated Support Person and Visitor Access Guidance. All designated support persons (DSPs) and visitors (including children) wanting to access a site for the purposes of supporting or visiting a patient are required to complete this questionnaire.

Any DSP/visitor who is not eligible to enter based on the results of this screening questionnaire can contact the service area to arrange an alternate DSP and/or virtual visitation with the patient.

Screening Questions:

1. Within the past 10 days, have you EITHER tested positive¹ for COVID-19 OR have you experienced any of the following COVID-19 symptoms:  
   - Fever
   - Cough
   - Shortness of breath
   - Loss of sense of taste or smell
   - Sore throat (Adults only)
   - Runny nose (Adults only)  

If you answered “YES” to question 1: You must not enter the site to support or visit a patient unless qualifying for a CMOH exemption from isolation listed below.

Due to the vulnerable environment of AHS sites and for the protection of all in our care, AHS requires that in addition to any requirements in CMOH orders:

- DSPs/visitors who are positive for COVID-19 and/or are experiencing COVID-19 symptoms not enter a site for at least 10 days from the onset of symptoms AND have had their symptoms resolve² before entering.

- DSPs/visitors who test positive for COVID-19 but are asymptomatic³ not enter a site until a minimum period of 10 days have passed from the day they tested positive for COVID-19. If they develop symptoms, they must not enter a site for at least 10 days from the day they first experienced symptoms AND have had their symptoms resolve (whichever is longer).
2. Have you travelled outside Canada in the last 14 days AND have you been directed to quarantine? | YES | NO |
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If you answered “YES” to question 2: You cannot enter the site unless you have an authorized [Limited Release from Quarantine](#) from the Government of Canada.

If you have travelled, but are unsure about your quarantine status, refer to [Government of Canada Travel, Testing, Borders](#) webpage.

If you answered “NO,” proceed to question 3.

3. In the last 10 days, have you had any known close contact with someone who has a confirmed or probable case of COVID-19? | YES | NO |
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If you answered “YES” to question 3: You must not enter the site to support or visit a patient for a minimum of 10 days since the day of last exposure unless you qualify for an exemption below. This requirement is regardless of your immunization status. Please contact the service area to arrange an alternate DSP for the patient, or to rebook your visit. Screeners should contact the service area to arrange for safe site access for those who qualify for an exemption.

**EXEMPTIONS:**

DSPs/visitors qualifying for an exemption must follow all access requirements including screening, continuous masking, hand hygiene, physical distancing and going directly to the service area and exiting the facility immediately after their visit. Failure to follow direction from AHS staff will result in the DSP/visitor being required to leave the site. Screeners must notify service areas once an exempt DSP/visitor arrives so someone can come to escort the DSP/visitor to the service area.

**Compassionate Exemptions for Supporting and Visiting End-of-Life and Critically Ill Patients**

1) **CMOH Exemption from Isolation for COVID-19 Positive and Symptomatic Individuals to Visit an End of Life Patient** - An individual with a confirmed/probable case of COVID-19 may leave isolation for the purposes of visiting a patient who is at end of life. These individuals must make an appointment with the service area in advance of their arrival and agree to follow all precautions as outlined in the [exemption](#) and as directed by AHS staff.

2) **Government of Canada - Limited Release from Federal Quarantine For International Travellers to Visit/Support a Critically Ill or End of Life Patient** - Access may be granted to international travellers who have a valid Government of Canada and AHS authorized [Limited Release from Quarantine](#) for the purposes of supporting or visiting a critically ill or end-of-life patient. This exemption requires completion of an application process available on the AHS website [here](#).
3) **AHS Exemption for Close Contacts of a confirmed/probable/suspected case of COVID-19 to Visit an End of Life Patient** - Individuals who do not meet access criteria because they are close contacts of a confirmed/probable case of COVID-19 may visit an end-of-life patient if they make an appointment with the service area in advance of arrival and agree to follow all precautions as directed by AHS staff. See the AHS webpage on close contacts for more information.

<table>
<thead>
<tr>
<th>Access Restrictions Exemptions</th>
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<tr>
<td>4) <strong>CMOH Exemptions for isolated persons who have minor children or adult dependents that require medical care</strong> – Individuals that have a confirmed/probable case of COVID-19 may leave isolation for the purposes of procuring needed medical care for minor children or an adult dependent. Screeners should contact the service area to arrange safe site access.</td>
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<td>5) <strong>AHS Exemption for DSPs of Minor Children and Adult Dependents who are Close Contacts of a confirmed/probable/suspected case of COVID-19</strong> - DSPs who are close contacts of a confirmed/probable case of COVID-19 may enter AHS facilities for the purposes of procuring needed medical care for a child or an adult dependent. Screeners should contact the service area to arrange safe site access.</td>
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<td>6) <strong>AHS Exemption for DSPs of Obstetrics Patients</strong> - DSPs of obstetrics patients who do not meet access criteria because they are close contacts of a confirmed/probable case of COVID-19 may request an exemption to access the site if they are asymptomatic. Site administration/designate must approve entry. DSPs of COVID-19 confirmed/probable obstetrics patients must be treated as a dyad and co-isolated with the patient. Screeners should contact the service area to arrange administration/designate access approval.</td>
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*Individuals with questions/concerns should be directed to the patient’s care team and/or Patient Relations at 1-855-550-2555.*
Definitions

i Tested Positive – means you have taken a Health Canada approved test the results of which indicated you are COVID-19 positive.

ii Symptoms Resolve - means the state when a person’s COVID-19 symptoms improve and the person remains fever free for a period of 24 hours without using fever reducing medications.

iii Asymptomatic - means a person who is not exhibiting COVID-19 core symptoms.

iv A close contact is someone exposed to a case while they were infectious and is defined as: An individual who had direct contact with infectious body fluids of a case i.e. was coughed or sneezed on while unprotected or who for example, shared cigarettes, glasses/bottles, eating utensils with a case. Or, a Health Care Worker who provided unprotected direct care for the case. OR, an individual and/or family member or other care givers who provided direct care to the case or who had other similar direct physical contact (e.g., intimate partner, hug, kiss, or handshake) with the case. OR, an individual who lived with or otherwise had unprotected prolonged contact with a case for 10 minutes or more over a 24-hour period (may be cumulative, i.e., multiple interactions) and within two metres. OR, an individual who had unprotected contact with a case within two meters for one minute or longer where the case engaged in activities generating increased aerosols such as speaking, singing, shouting or breathing heavily (e.g., exercise) NOTE: Transmission can also happen beyond two metres when sharing a confined, crowded and/or poorly ventilated air space with a case while unprotected. Public Health and/or Occupational Health and Safety (OH&S) who assess close contacts in high risk settings may take that into consideration. The exposures identified in the table carry the highest risk for viral transmission. Where contact tracing is not being conducted by PH and/or OH&S, cases should consider also notifying their contacts who have shared confined, crowded and/or poorly ventilated air space with them even at distances greater than two metres.

v Confirmed Case - A person with confirmation of infection with the virus (SARS-CoV-2) that causes COVID-19 by: Asymptomatic or symptomatic AND has positive result on a molecular test (e.g. PCR) that is Health Canada approved or approved by the lab accreditation body of the jurisdiction in which the test was performed. OR, a positive result on a Health Canada approved rapid antigen test in a person with COVID-19 symptoms. OR, two positive results on a Health Canada approved rapid antigen test completed not less than 24 hours of each other in an asymptomatic person. OR, a positive result on a Health Canada approved rapid/point-of-care (POC) antigen test (B) in a person with COVID-19 symptom. OR, two positive results on a Health Canada approved rapid/POC antigen test (B) completed not less than 24 hours of each other in an asymptomatic person.

vi *Probable Case - A person who in the last 10 days had close contact with a confirmed COVID-19 case OR was exposed to a known outbreak of COVID-19 OR had laboratory exposure to biological material (e.g., primary clinical specimens, virus culture isolates) known to contain COVID-19 AND has clinical illness and NO molecular test or rapid antigen test or the result is inconclusive; OR, has NO clinical illness and one positive rapid antigen test result with NO second rapid antigen test completed.