Tip Sheet for Designated Family/Supports during COVID-19 Pandemic (ਬਹਤੀਵਾਲੀ ਮਾਤਰਾ/ਸਹਾਈ ਲਈ COVID-19 ਮਹਾਮਾਰੀ ਦੌਰਾਨ ਆਪਣੇ ਜ਼ੋਖਮ ਨਹੀਂ ਜਾਣੋ)

COVID-19 Self-Assessment for Albertans (Albertans ਵਾਸੀਆਂ ਲਈ COVID-19 ਸਵੈ-ਮੁਲਕਣ)

COVID-19 ਦੌਰਾਨ ਆਪਣੇ ਜ਼ੋਖਮ ਨਹੀਂ ਜਾਣੋ (Know Your Role During COVID-19)
(Designated support persons assist with:)

- Meet patient or resident's needs for support and care.
- Include their health issues.

- Designated support persons assist with:
  - Providing information to the patient or resident.
  - Supporting their mental well-being.
  - Assisting with feeding and mobility.
  - Conducting site exams and COVID-19 screening.
  - Reporting any symptoms present.
  - Adhering to all safety protocols.

- While inside a facility, you are required to:
  - Wear a mask at all times.
  - Stay in your designated room.
  - Wash your hands before and after each visit.
  - Follow safety guidelines.

- Protect yourself and your loved one while inside a facility.