COVID-19 Self-Assessment for Albertans (for
COVID-19 코로나19 주의대비) 시스템:

COVID-19 Self-Assessment for Albertans

Tip Sheet for Designated Family/Supports during
COVID-19 Pandemic (디자이트드 가족/지원
서류를 위한 COVID-19 팬데믹)

Staying Connected: Virtual Support and Visitation

_current guidelines, restrictions and resources (기준,
제한, 및 리소스)와 함께 사용할 수 있습니다.

(current
guidelines,
restrictions and resources)와 함께 사용할 수 있습니다.
You play a role in the safety, health and recovery of a patient or resident as someone they:

- Have appointed you, or a family member, as someone they trust
- Have nominated to carry out tasks related to their care

(Designated support persons assist with:)

- Keeping their room, or their living area, clean and safe
- Assisting with personal care
- Providing companionship and emotional support

(To protect yourself and your loved one while inside a facility, we need you to:)

- Wear a mask while in the care facility, or in close contact with a sick person
- Skip handshakes, hugs, and close contact
- Wash your hands frequently
- Practice social distancing
- Avoid sick people and sick activities
- Clean and sanitize your hands
- Wear gloves when you need to

Date: 3-4-2021