COVID-19 Provincial Pandemic Flowsheet
Patient Discharge from Hospital*

**Patient ADMITTED with or identified Presumptive / COVID+ during STAY ready for discharge?**

Criteria for COVID-19 discharge:
- Clinical trajectory noted to be improvement by treating team
- $O_2 \leq 2L$**
- Walking $O_2$ sat’s remain >88% with either RA or 2 or less NP $O_2$ tx.
- Usual DC criteria still apply) function approaching baseline (☐ Able to safely self isolate for appropriate period of time (home care able?) note: patient should self-isolate for 10 days after symptoms resolved
- Clinical follow up arranged (PCP, virtual hospital, etc.)

**Discharge Tasks***
- Complete Covid Discharge checklist (from admission to day of discharge)***
- If no PCP, follow your zone’s process for attachment with PCP (see Discharge checklist)
- If no PCP available for follow up, follow your zone’s process (see Discharge checklist)
- Safe hand over from MRP to PCP (or alternate) required; can occur before day of discharge

**Patient / Family Teaching***
- Complete discharge activities as per Safe Covid Discharge Checklist
- Give patients any outstanding prescriptions, follow up appointments and referrals pending
- Confirm understanding of what to expect when recovering from Covid-19, provide resources, confirm isolation protocols
- Book follow up appointment with their PCP
- Provide mask / PPE for transport home

**Referrals: Specialist / Community***
- Cc PCP on all requisitions for Lab/DI testing and all referrals to specialist and/or community supports
- Ensure notification of Covid-19 status and isolation requirements
- Provide outstanding labs or tests and/or results of procedures and lab tests done in hospital to PCP

**Notifications to PCP and others identified by MRP or patient**
- Notify Medical Officer of Health of Hospital Discharge of COVID positive patient via Zone specific email***

**Develop a transition plan with the patient to support recovery at “home”**
- Follow zone process for booking follow-up with PCP***
- Patient is clinically ready for discharge
- Safe hand over to PCP as per zone process
- See discharge*** criteria and checklist

**Patient goes home and self isolates for advised time**
- Patient follow up with PCP (or alternate zone option) within 1-3 days of discharge as per clinical assessment (virtually; only in-person as needed)
- PCP follows care pathway for community COVID+ patients
- CZ example: https://www.specialistlink.ca/files/COVID_PathwayV2_April62020.pdf
- Patient receives community supports if required
- Patient recovers from COVID-19

*This guidance document is not meant to replace clinical judgement and is intended to be adapted to site / zone specific needs and the availability of resources.

**Notes:**
**In clinical situations where there is demonstrated improvement and reliable follow-up is arranged, home $O_2$ (less than 2L) could be considered.

***See COVID-19 Safe Discharge Checklist and Appendix

Acronyms used: Primary Care Provider (PCP); Personal Protective Equipment (PPE); Infection Prevention and Control (IPC), Most Responsible Provider (MRP)