

CORONAVIRUS COVID-19

HELP
PREVENT
the SPREAD



**OUR ANCESTORS
SURVIVED SMALLPOX
AND SPANISH FLU BY
SOCIAL DISTANCING.**

WE WILL SURVIVE COVID-19!

SENIORS & ELDERS – GET TESTED IF YOU ARE NOT FEELING WELL. HERE'S WHY:

The virus can make us very sick. Older people are more likely to die than younger people.

If you are sick and do not know it, you can harm the people you love.

There is no shame in getting tested – you can save lives.

Report your symptoms, get tested, stay home, and protect our culture!

We need to be role models for our youth. We need to show how we take care of each other.



Information: www.ahs.ca/covid



For Help Call: 811

 Alberta Health
Services

