What is COVID-19?

COVID-19 is an illness caused by a virus and is VERY contagious.

COVID-19 is NOT the flu. COVID-19 is NOT a cold.

COVID-19 is a public health emergency right now.

Over 250,000 people have died from the virus worldwide. The number is growing.

Seniors and Elders are at a higher risk of getting very sick and even dying with this virus.

You can pass COVID-19 to other people even if you don’t feel sick. This is why we are asking that you keep your distance from your grandchildren and other family members.

Not feeling well? Symptoms may be different in the elderly, get TESTED to make sure. Call 811, or contact your local Health Centre.