Masking and Eye Protection Guidance in Community Physician Settings during COVID-19 Pandemic

This document provides guidance for community primary and specialty physician care settings to assist in PPE decisions for patients and providers. This guidance is based on direction from the Chief Medical Officer of Health and Alberta Health Services. Providers should consider practice environment risk assessments, clinical judgement and professional association guidance in addition to this guidance.

General Guidance

1. Provide virtual care as per CPSA guidance during the COVID-19 pandemic.
2. Patients should call ahead for assessment prior to presenting to community physician settings (including essential accompanying persons).
3. Masking guidance:
   - **PPE for provider when caring for patient with influenza like illness (ILI) symptoms or confirmed/suspect COVID-19:** Contact and Droplet Precautions - hand hygiene, procedure mask, eye protection (face shields, mask/face shield combinations, goggles or safety glasses), gown and gloves
   - **Procedure mask and eye protection for provider caring for asymptomatic patient:** Continuous Masking, Continuous Eye Protection* and Point of Care Risk Assessment (PCRA)
   - **Procedure mask for patients with ILI symptoms or confirmed/suspect COVID-19:** Hand hygiene and procedure mask at entrance and wears for full visit
   - **Mask (any type) for all patients and essential companions (without ILI symptoms or confirmed/suspect COVID-19):** Hand hygiene and mask at entrance and wears for full visit
   - See this Guidance to Help Make Continuous Masking Work for You for some practical suggestions and considerations for frontline staff

<table>
<thead>
<tr>
<th></th>
<th>Hand Hygiene</th>
<th>Procedure Mask</th>
<th>Any mask</th>
<th>Eye Protection</th>
<th>Gloves</th>
<th>Gown</th>
</tr>
</thead>
<tbody>
<tr>
<td>Provider (ILI, suspect or confirmed COVID-19 patient)</td>
<td>✓</td>
<td>✓</td>
<td>✓</td>
<td>✓</td>
<td>✓</td>
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</tr>
<tr>
<td>Provider (asymptomatic patient)*</td>
<td>✓</td>
<td>✓</td>
<td></td>
<td>PCRA</td>
<td>PCRA</td>
<td></td>
</tr>
<tr>
<td>Patient (ILI, suspect or confirmed COVID-19)</td>
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<td>✓</td>
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<tr>
<td>Asymptomatic patient and essential companion</td>
<td>✓</td>
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</tbody>
</table>

*Healthcare workers who are fully vaccinated and have reached two weeks following their second dose can now choose not to wear eye protection continuously. Please note that continuous eye protection will continue to be maintained for all workers in COVID-19 units and in settings experiencing COVID-19 outbreaks, patients on contact and droplet precautions or when within two metres of a patient with COVID-19, suspected COVID-19 or who is experiencing symptoms consistent with a respiratory tract infection.

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Developed by: COVID-19 PCN Incident Response Task Force
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4. All patients and accompanying persons should be screened for symptoms of COVID-19 prior to entering clinic space as per current screening criteria and staff should follow infection control and isolation protocols.

5. If a patient meets screening criteria:
   - Consider testing for COVID-19 if feasible, or
   - Refer to the COVID-19 self-assessment tool, or
   - Refer to 811 for further follow-up, or
   - Follow established zonal processes

6. Evidence is rapidly changing, review PPE page for latest guidance.

7. Post appropriate signage and posters where visible.

8. When patients refuse to wear face coverings in clinics, refer to this updated CPSA guidance for physicians on mask use. The CPSA also provides advice in their COVID-19 Challenging Situations document as well.

More Information
Email: phc@ahs.ca
Information for community physicians on COVID-19: www.ahs.ca/covidphc