

Date: June 5, 2020

To: ZEOCs and Acute Care Hospitals

From: AHS ECC Director

RE: Clarification: Exemption – Quarantined and isolated persons who have adult dependents that require medical care

An [exemption](#) has been issued to CMOH Order 05-2020 for quarantined and isolated persons who have adult dependents that require medical care. The AHS ECC is providing the following clarification regarding circumstances where a quarantined or isolated person is required to take dependent adults for scheduled medical care or for admission to hospital or other medical facility.

Quarantined or Isolated Persons required to take dependent adults (over age 18 years) for scheduled medical care:

A quarantined or isolated person required to arrange or provide for the healthcare needs of another person 18 years or older (dependent adult), and the dependent adult requires medical care that can only be provided in a doctor's office, hospital, or other medical facility and it is not possible that another person can accompany the dependent adult; **that person is exempt from the provision of the CMOH quarantine/isolation order** to the extent necessary to allow the dependent adult to receive scheduled medical care and upon completing the following:

1. Where the person is accompanying a dependent adult to a pre-arranged medical appointment not requiring admission to hospital, the person shall only leave their Quarantine or Isolation premises on the date of the appointment to attend to the doctor's office, hospital, or other medical facility so the adult dependent may receive medical care.
2. The person shall advise the doctor's office, hospital, or other medical facility as the case may be, that they are in Quarantine or Isolation and shall follow all instructions provided by the staff of that office or facility concerning accessing the office or facility premises. Upon arriving at the office or facility the person shall immediately wear a mask or other face covering that covers the mouth and nose if they are not already wearing one.
3. Where provided instructions by 811 or another healthcare provider the person must comply with all such instructions concerning precautions the person is required to follow to limit the transmission of COVID-19 while travelling to and from the doctor's office, hospital, or other medical facility.
4. Where practical, the person shall use private transportation of which they are the sole occupant with the dependent adult and travel directly to and from their Quarantine or Isolation premises to the location where the dependent adult is to receive their medical care with no stops in between.
5. If the person must use shared transportation the person shall, in addition to travelling directly to and from their Quarantine or Isolation premises to the critical care facility with no stops in between, also where possible, engage in social distancing of no less than 2 meters from other

persons, who are not their dependent adult, using the same shared transportation. The person shall also wear a mask or other face covering that covers the mouth and nose when using shared transportation.

6. When arriving or departing from the doctor's office hospital, or other medical facility the person shall obey all directions from medical staff concerning precautions against COVID-19 transmission.

Quarantined or Isolated Persons whose dependent adult requires admittance to a hospital or other medical facility:

Where a person in quarantine or in isolation is allowed or required to arrange or provide for the healthcare needs of another person 18 years or older (dependent adult) who must accompany the dependent adult to a hospital or medical facility so that the dependent adult may be admitted for medical care, that person **is exempt from the provision of the CMOH quarantine/isolation order** to the extent necessary to accompany or visit the dependent adult at the admitting hospital or medical facility.

1. If the dependent adult needs emergency care that requires their transport by first responders to a hospital or other facility and the person contacts 911 or other first responders for that purpose the person shall advise, whomever they contact, that the person or the dependent adult are in Quarantine or Isolation and shall follow all instructions per 911 or first responders concerning limiting the transmission of COVID-19 during the transport of the dependent adult to hospital.
2. If the transport of the dependent adult to the admitting hospital does not require the use of a first responder the person shall use private transportation or shared transportation.
3. Where a person is accompanying a dependent adult for the purposes of admitting the dependent adult to a hospital or medical facility the person shall advise the admitting hospital, or medical facility as the case may be that they and/or their dependent adult are in Quarantine or Isolation.
4. The person, whenever on the premises of the hospital or medical facility where the dependent adult has been admitted, shall follow all directions of the medical staff and Medical Officers of Health at the hospital or other medical facility.
5. For clarity this exemption also applies to permit the person to travel to and from their Quarantine or Isolation premises for the purposes of visiting the dependent adult while they are admitted to a hospital or medical facility and for the purposes of transporting those dependent adults to their home upon their discharge.
6. The person when visiting the dependent adult shall travel directly to and from their Quarantine or Isolation premises to the hospital or medical facility with no stops in between.
7. Where the person must transport the dependent adult upon their discharge they shall travel directly from their Quarantine or Isolation premises to the hospital or medical facility and subsequently to the dependent adult's or the Quarantine or Isolation premises as the case maybe with no stops in between.
8. When using shared transportation to travel to and from the hospital or medical facility where the dependent adult is admitted the person shall also wear a mask or other face covering that covers the mouth and nose.

Any person exempted from the **CMOH quarantine/isolation order** must continue to follow appropriate hygiene, physical distancing, and other measures identified by public health authorities to the extent possible to protect other Albertans from further exposure to COVID-19.