Contact between Registered Midwife and Client:

Before every interaction with a client, the Registered Midwife (RM) will contact the client prior to seeing them in person, to screen:

- Have you experienced any: fever, cough, sore throat, trouble breathing, or additional respiratory symptoms, achy muscles, or fatigue?
- In the last 14 days did you:
  - Travel to anywhere outside of Canada;
  - Have close contact with: a confirmed or probable case of COVID-19 within 14 days; a person with acute respiratory illness who has travelled anywhere outside of Canada in the 14 days; have laboratory exposure to biological material (e.g. primary clinical specimens, virus culture isolates) known to contain COVID-19 virus within 14 days;
  - Are you self-isolating?

Link to testing and self-isolation criteria: https://www.albertahealthservices.ca/assets/info/ppih/if-ppih-ncov-case-def.pdf

Screen others in household. If others are self-isolating (symptomatic or asymptomatic), RM requires PPE, and they should not be in the same room with the RM. If someone in the house is symptomatic, recommend birth in another location (e.g. hospital) or that symptomatic person is not staying at the home.

For home births, some facilities or jurisdictions have asked for notification of any home births to assist with emergency response planning. Please be familiar with the communication expectations where you have privileges.

Any client with a confirmed COVID-19 case requires an OB consultation, and ultrasound with Doppler every 4 weeks.

Each client visit begins with a COVID-19 risk screening.

**Screen for COVID-19 risk**

- **Client screens positive**
  - Midwife to request that client screens support person, and that they are not present for visit if positive or risks
  - Proceed with antepartum or postpartum care as planned, appropriate PPE procedures to be followed
  - If severe symptoms develop, move to symptomatic pathway
  - Continue routine care
  - Inform client that if any symptoms develop (maternal or newborn) contact 811 and RM

- **Client screens negative**
  - Midwife and support person must wear PPE
  - Direct client to self-isolate due to risk
  - Direct client to self-isolate due to risk
  - Continue routine care
  - Screen others in household.
  - Others in house who are self-isolated should not be present with RM

**Antepartum/postpartum client**

- **Screen others in household.** Others in house who are self-isolated should not be present with RM
- **Client screens positive**
  - Midwife and support person must wear PPE
  - Direct client to self-isolate due to risk
  - Continue routine care
  - Screen others in household.
  - Others in house who are self-isolated should not be present with RM

**Symptomatic**

- **Midwife Assesses severity of symptoms (as outlined by AHS):**
  - Illness severity assessment:
    - Shortness of breath
    - Difficulty speaking without gasping or during walking
    - Coughing blood >1 tsp
    - Pain/pressure in chest (other than coughing)
    - Vomiting
    - Signs of dehydration/dizziness when standing
    - Less responsive/confusion
  - Are symptoms severe?
  - Direct client to call 811
  - Client to go to hospital

**Severe symptoms**

- Can the visit be delayed?
  - If clinically appropriate, delay visit
  - If unable to delay, consider virtual health, home visit with PPE, or clinic visit at end of day

**Asymptomatic**

- **Continue routine care**
  - Continue routine care with contact/droplet PPE
  - Direct client to self-isolate due to risk
  - Continue routine care

**April 22, 2020**