Contact between Registered Midwife and Client:

Before every interaction with a client, the Registered Midwife (RM) will contact the client prior to seeing them in person, to screen:

- Have you experienced any fever, cough, sore throat, trouble breathing, or additional respiratory symptoms, achy muscles, or fatigue?
- In the last 14 days did you:
  - Travel to anywhere outside of Canada;
  - Have close contact with: a confirmed or probable case of COVID-19 within 14 days; a person with acute respiratory illness who has travelled anywhere outside of Canada in the 14 days; laboratory exposure to biological material (e.g. primary clinical specimens, virus culture isolates) known to contain COVID-19 virus within 14 days;
  - Are you self-isolating?

Link to testing and self-isolation criteria: https://www.albertahealthservices.ca/assets/info/ppih/if-ppih-ncov-case-def.pdf

Screen others in household. If others are self-isolating (symptomatic or asymptomatic), RM requires PPE, and they should not be in the same room with the RM. If someone in the house is symptomatic, recommend birth in another location (e.g. hospital) or that symptomatic person is not staying at the home.

For home births, some facilities or jurisdictions have asked for notification of any home births to assist with emergency response planning. Please be familiar with the communication expectations where you have privileges.

Any client with a confirmed COVID-19 case requires an OB consultation, and ultrasound with Doppler every 4 weeks.

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Intrpartum client

Screen for COVID-19 risk

- Client screens positive
  - Midwife and support person must wear PPE
  - Direct client to self isolate due to risk
- Client screens negative
  - Midwife to request that client screens support person, and that they are not present for visit if positive or risks

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Symptomatic

- Is the client symptomatic?
  - Proceed with intrapartum care as planned, appropriate PPE procedures to be followed
  - If symptoms develop, move to symptomatic pathway

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Asymptomatic

- Continue routine care

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Screen others in household. Others in house who are self-isolated should not be present with RM

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Midwife Assesses severity of symptoms (as outlined by AHS):

- Illness severity assessment:
  - Shortness of breath
  - Difficulty speaking without gasping or during walking
  - Coughing blood >1 tsp
  - Pain/pressure in chest (other than coughing)
  - Vomiting
  - Signs of dehydration/dizziness when standing
  - Less responsive/confusion

Are symptoms severe?

- Severe symptoms
  - Direct client to call 911
  - Ask partner/support person to inform RM of which hospital the client is going to
  - Call the OB on-call to give a report and request transfer of care

- Mild symptoms
  - Advise client to self isolate and wait for RM to direct them to an L&D site
  - If appropriate, contact RAAPID to determine site for Patient admission

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Inpatient algorithm

- As appropriate, RM will continue to provide ongoing care in hospital, in consultation with OB, and/or receive the baby

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Inform hospital of planned home birth with asymptomatic client in self-isolation

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Inform client that if any symptoms develop in PP period (maternal or newborn) contact 811 and midwife

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Continue routine care with contact/droplet PPE

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Inform hospital of planned home birth with symptomatic client in self-isolation

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Advise patient to travel to site only via personal vehicle or EMS if unable to transport self safely

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As appropriate, RM to contact OB on call and Charge Nurse to notify of patient and planned home birth

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Advise client to self isolate and wait for RM to direct them to an L&D site

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Ask partner/support person to inform RM of which hospital the client is going to

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If client refuses hospitalization, RM to contact OB on call and Charge Nurse to notify of patient and planned home birth

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Direct client to call 911

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Advise client to self isolate and wait for RM to direct them to an L&D site

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If appropriate, contact RAAPID to determine site for Patient admission

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Proceed to Inpatient algorithm

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Advise patient to travel to site only via personal vehicle or EMS if unable to transport self safely

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Inform client that if any symptoms develop in PP period (maternal or newborn) contact 811 and midwife

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Continue routine care

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Screen others in household. Others in house who are self-isolated should not be present with RM

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Midwife and support person must wear PPE

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Direct client to self isolate due to risk

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Continue routine care with contact/droplet PPE

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Client screens negative

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Client screens positive

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Screen others in household. If others are self-isolating (symptomatic or asymptomatic), RM requires PPE, and they should not be in the same room with the RM. If someone in the house is symptomatic, recommend birth in another location (e.g. hospital) or that symptomatic person is not staying at the home.

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