## COVID-19

### OR – PPE Doffing

Recommendations for operating room staff & physicians. Ideally followed & completed with a PPE Buddy.

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| 1. | 2nd Pair of Gloves | • Remove outer gloves  
• Discard into garbage |
| 2. | Gown | • Untie side tie and have someone else untie the two sets of back ties. Doff gown as per usual method  
• Discard into linen hamper |
| 3. | Gloves | • Remove gloves as per usual method  
• Discard into garbage |
| 4. | Hand Hygiene | • Use ABHR or soap and water  
• If soap and water are used, must dry with paper towel |
| 5. | Eye Protection | • Face shield or goggles  
• Handle only by headband or strap  
• Carefully pull away from face  
• Put reusable items in appropriate area for cleaning  
• Put disposable items into garbage |
| 6. | Hand Hygiene | • If hands look and feel clean, use ABHR  
• If hands are dirty or sticky, wash with soap and water; must dry with paper towel |
| 7. | N95 Respirator | • Bend forward slightly, touching only the straps, carefully remove the mask from your face  
• Start with bottom strap; follow with top strap  
• Discard mask in the garbage  
**Note:** All styles of N95 respirators have the same basic steps for doffing |
| 8. | Hand Hygiene | • Clean hands with ABHR or soap and water  
• If soap and water are used, you must dry with paper towel |

You **MUST** doff your bouffant head cover and retrieve all personal items (including pagers & cellphones) **AFTER** exiting a semi-restricted space.

For more information or annotation, contact: [ipcsurvstdadmin@ahs.ca](mailto:ipcsurvstdadmin@ahs.ca)

**We’re in this together.**  
**We’ll get through it together.**