**COVID-19**

**OR – PPE Donning**

**Recommendations for operating room staff & physicians.**
Ideally followed & completed with a PPE Buddy.

You **MUST** don a bouffant head cover and remove all personal items (including pagers & cellphones) **BEFORE** entering a semi-restricted space.

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| 1. | **Hand Hygiene**
  - Clean your hands before accessing supplies
  - If hands look and feel clean, use ABHR
  - If hands are dirty or sticky, wash with soap and water; must dry with paper towel |
| 2. | **N95 Respirator**
  - Stretch the top and bottom straps before placing respirator on your face
  - Cup respirator in your hand, inside facing up
  - Position it under your chin, with the nose piece up
  - Secure straps around your head so respirator stays in place
  - Use both hands to mold the nose piece around the bridge of your nose
  - Fit check |
| 3. | **Eye Protection**
  - Don face shield or goggles as usual |
| 4. | **Hand Hygiene**
  - If scrubbing, perform normal scrub
  - Non-scrub personnel DO NOT need to scrub |
| 5. | **Gown**
  - Securely tie all three sets of ties as usual |
| 6. | **Gloves**
  - Wear gloves over gown cuffs
  - Gown cuffs are not fluid-resistant |
| 7. | **2nd Pair of Gloves**
  - Don second pair of gloves over first pair
  - Change gloves as needed
  - Never use ABHR on gloves
  - Change gloves post-intubation
  - Discard in garbage |

For more information or annotation, contact: ipcsurvstdadmin@ahs.ca

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We’re in this together. We’ll get through it together.