# OR – PPE Donning

Recommendations for operating room staff & physicians. Ideally followed & completed with a PPE Buddy.

You **MUST** don a bouffant head cover and remove all personal items (including pagers & cellphones) **BEFORE** entering a semi-restricted space.

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| 1. | **Hand Hygiene** | • Clean your hands before accessing supplies  
• If hands look and feel clean, use ABHR  
• If hands are dirty or sticky, wash with soap and water; must dry with paper towel |
| 2. | **N95 Respirator** | • Stretch the top and bottom straps before placing respirator on your face  
• Cup respirator in your hand, inside facing up  
• Position it under your chin, with the nose piece up  
• Secure straps around your head so respirator stays in place  
• Use both hands to mold the nose piece around the bridge of your nose  
• Fit check |
| 3. | **Eye Protection** | • Don face shield or goggles as usual |
| 4. | **Hand Hygiene** | • If scrubbing, perform normal scrub  
• Non-scrub personnel DO NOT need to scrub |
| 5. | **Gown** | • Securely tie all three sets of ties as usual |
| 6. | **Gloves** | • Wear gloves over gown cuffs  
• Gown cuffs are not fluid-resistant |
| 7. | **2nd Pair of Gloves** | • Don second pair of gloves over first pair  
• Change gloves as needed  
• Never use ABHR on gloves  
• Change gloves post-intubation  
• Discard in garbage |

For more information or annotation, contact: ipcsurvstdadmin@ahs.ca