How to care for a COVID-19 patient at home

- If at all possible, try to ensure that the ill person has a designated bedroom and bathroom.
- Visitors should not come to the home.
- Maintain social distance from the ill individual, as much as possible.
- Do not allow ill person to prepare meals for others, and ensure that that ill person uses separate preparation area or at least prepares meals at a different time, washing all surfaces after.
- Avoid sharing household items like dishes, drinking glasses, cups, eating utensils, towels and pillows.
- Wash your hands frequently, with soap and warm water.
- Frequently sanitize all surfaces, particularly hand rails, door knobs, sink taps, toilets, and other items of frequent touching.
- Advise loved ones to cover their coughs and sneezes with their arm, not their hand, and to practice good respiratory etiquette at all times.
- Monitor yourself for symptoms and visit ahs.ca/covid to take a self-assessment to determine whether you should be tested for COVID-19.