



Qalabka Difaaca Shaqsiga ee Qoyska/Shaqsiyaadka Taageerada, Martida iyo Bukaannada (Personal Protective Equipment for Family / Support Person(s), Visitors and Patients)

Xubinta qoyska/taageerada u xilsaaran iyo martida: falan waydii shaqaalaha kalkaalinta kahor intaadan gelin qolka bukaanka. Waa qasab inaad xirato qalabka difaaca shaqsiga (PPE).



Ku nadiifi gacmaha suuf aalkolo leh ama saabuun iyo biyo marka aad galayso aadna ka baxayso qolka bukaanka.

Qoyska / taageerada iyo Martida (Family / Support and Visitors):

Haddii aad taageerayso ama booqanayso bukaan oo ku jira **digniinaha Taabashada Caabuqa Faniinada**

Xiro galoofis istaliin ah, shulug nadiif ah, maaskarada caafimaadka ama maaskarada ee booqda iyo difaaca indhaha



GASHO (PUT ON)



1. Farxalo



2. Gasho shulug nadiif ah



3. Xiro maaskarada booqdaha ama maaskarada leh difaaca indhaha



4. Xidho galoofis cusub

ISKA BIXI (TAKE OFF)



1. Iska bixi galoofiska



2. Farxalo



3. Iska siib shulgaha



4. Farxalo



5. Iska siib maaskarada booqdaha ama maaskarada leh difaaca indhaha



6. Farxalo


Qoyska / taageerada iyo Martida (Family / Support and Visitors):

Haddii aad taageerayso ama booqanayso bukaan aan ku jirin habraacyada dheeraadka ah ee xakamaynta caabuqa

Ama

Bukaannada (Patients):

Haddii aad ku jirto qolkaaga, sababo daganaansho kaliya

xidho maas garaatiga caafimaadka 

GASHO (PUT ON)



1. Farxalo



2. Xidho maaskarada



3. Farxalo

ISKA BIXI (TAKE OFF)



1. Farxalo



2. Iska siib maaskarada



3. Farxalo

Tilmaamo (Tips)

- Si buuxda u fur maaskarada si aad u daboosho sanko iyo qaybta hoose ee garka.
- Haddii maaskaradu leedahay cirifka sanko, ku dhaji geesaha sankoaga.
- Ka dheeroow taabashada maaskarada ama wajigaaga ka hooseeya maaskarada.
- Haddii maaskaradu wasaqowdo, farxalo oo iska baal maaskarada.
- Ha taaban dhanka hore ee maaskarada. Iska bixi adoo qabanaaya cirifyada ama cargaha geesaha.
- Marna dib ha u isticmaalin maaskaroyinka.
- Maaskarada waa in la xidhaa ayadoo qaybta buluugu banaanka jirto.