

Personal Protective Equipment for Family / Support Person(s), Visitors and Patients



Designated family / support person(s) and visitors: please check with nursing staff before entering patient room. You must wear the appropriate personal protective equipment (PPE).



Clean hands with alcohol-based hand rub or soap and water when entering and exiting patient room.

Family / Support and Visitors:

If supporting or visiting a patient on **Contact and Droplet infection control precautions**

Wear non-sterile gloves, clean gown, medical mask with visor or mask and eye protection



PUT ON



1. Clean hands



2. Put on clean gown



3. Put on mask with visor or mask with eye protection



4. Put on new gloves

TAKE OFF



1. Remove gloves



2. Clean hands



3. Remove gown



4. Clean hands



5. Remove mask with visor or mask and eye protection



6. Clean hands

Family / Support and Visitors:

If supporting or visiting a patient **not** on additional infection control precautions

Or

Patients:

If leaving your room, for essential purposes only

Wear a medical mask 

PUT ON



1. Clean hands



2. Put on mask



3. Clean hands

TAKE OFF



1. Clean hands



2. Remove mask



3. Clean hands

Tips

- Open mask fully to cover from nose to below chin.
- If the mask has a nose bar, pinch around your nose.
- Avoid touching the mask or your face under the mask.
- If the mask becomes damp, clean your hands and replace the mask.
- Do not touch the front of the mask. Remove using the ties or elastic loops
- Never reuse masks.
- Mask is to be worn with blue side out.