Provincial Adult Long COVID Pathway

Infection – symptom onset

Confirmed or Unconfirmed Case

Emergency Department (ED)

Recovery in Community

Symptoms Resolved?

YES

Patient Recovered

NO

Symptoms return or develop?

Patient entry into Long Covid Journey/ Care

Post-COVID Functional Scale Assessment

Mild (Grades 0-1)

Moderate (Grade 2-3)

Severe (Grade 3-4)

PCP referral required for some services (see referral links for details)

IPPOP Triage*

**Access self-care resources, RAL, universal/self-mgmt services, primary care, home care & community rehab while waiting to access targeted/personalized services and IPOP.**

Targeted/ Personalized Services*

Primary Care

Self-Care/ Universal Resources

Primary Care Provider (PCP)

PCP referral required

Multi-System involvement and >12 weeks post-infection

Edmonton Zone

Central Zone

Calgary Zone

South Zone

ED Referral To RAL for Post-COVID Rehab Needs

Discharge

Early Supported Discharge (if eligible)

Rehab Advice Line (RAL)

Self-Care Resources & Telephone Advice Services

Post-COVID Functional Scale Assessment

YES

Formal PCFS assessment not required to access services. PCP may use simplified mild/moderate/severe grading.

NO

ED Referral

Zone Listings of Long COVID Targeted/Personalized Services & Specialty Clinics

North Zone

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