

## Rehabilitation after COVID-19– Allied Health Provider Education Series

### Education Webinar Series

**What:** These sessions will introduce allied health providers across the care continuum to practice considerations when working with individuals who are recovering from COVID-19. Participants will develop an understanding of key sequelae, screening and treatment considerations using a biopsychosocial lens.

**When:** Tuesdays June 8 - July 20 from 11:30am-12:30pm

Date	Topic	Description
June 10	<b>Post COVID Recovery – Physical Sequelae</b>	Learn about physical sequelae of COVID and apply screening tools to ensure optimal care.
June 15	<b>Post COVID Recovery – Maximizing Energy and Returning to Daily Activities and Meaningful Occupations</b>	Apply principles of energy maximization and learn practical strategies to engage client participation in daily activities and routines.
June 22 11:30-12:30	<b>Post COVID Recovery – Resuming Activity &amp; Exercise</b>	Develop appropriate treatment plans to resume activity and exercise across the continuum of care.
June 29 11:30-12:30	<b>Post COVID Recovery –Psychological, Spiritual, and Social Considerations Important in Post COVID Care</b>	Understand the psychological, spiritual and social considerations when working with post COVID patients and families.
July 6 11:30-12:30	<b>Post COVID Recovery – Neurocognitive Sequelae, Functional Cognition and Cognitive Communication</b>	Learn about neurocognitive sequelae of COVID and apply functional cognitive and communication treatment strategies.
July 13 11:30-12:30	<b>Post COVID Recovery – Nutrition, Eating, Feeding and Swallowing</b>	Understand nutritional guidelines to support recovery after COVID and address eating, feeding and swallowing concerns.
July 20 11:30-12:30	<b>Post COVID Recovery – Re-engagement in the Community</b>	Prepare clients to re-engage in meaningful community, social and leisure roles and activities.

**Who Should Attend:** The key target audience for these sessions is AHS and Covenant Allied Health and Rehabilitation providers working with patients recovering from COVID-19. Health care providers in other practice areas may find this content applicable.

#### How Do I Register?

No pre-registration required. Please join on Zoom link below (same link for each session).

<https://albertahealthservices.zoom.us/j/95629922515?pwd=dTFVcmtLSGNqbFkwczlrczVsSWpjQT09>

Meeting ID: 956 2992 2515

Passcode: 093158

Questions? [practice.consultation@ahs.ca](mailto:practice.consultation@ahs.ca)