COVID-19 guide for parents of children going to school or childcare - children with symptoms part 2

Your child has one or more of these COVID-19 symptoms that are new, getting worse, or not related to other known causes:
- chills
- sore throat or painful swallowing
- runny or stuffy nose
- feeling unwell or very tired
- feeling sick to their stomach (nausea) or vomiting or diarrhea
- unexplained loss of appetite
- muscle or joint aches
- headache
- pink eye (conjunctivitis)

Note: Chronic symptoms that can be explained by a pre-existing medical condition (such as allergies) are considered as part of your child’s baseline health.

As long as these symptoms don’t change, your child can go to school or childcare. Your child should have one negative COVID-19 test to set this baseline.

Advice

Your child should not go to school or childcare if they are feeling unwell.

Your child has 2 or more symptoms listed above

- Yes
- No

Your child has 1 symptom listed above

Stay home and wait for 24 Hours

After 24 hours, does your child have any more symptoms from the list above?

- Yes
- No

Does your child feel better than yesterday?

- No
- Yes

A COVID-19 test is recommended

Decide if your child will get a test for COVID-19

- Yes
- No

Before you have your child’s test result

Do:
- Book a COVID-19 test for your child
  - Online: ahs.ca/testing
  - By phone: Call Health Link at 811

Try to book your child's test within 24 hours of the start of symptoms

What to do

Your child must stay home and isolate for at least 10 days from the start of symptoms.

Go to ahs.ca/isolation for more information.

Household contacts of your child who are not fully immunized should stay home for 14 days from the last time they had close contact with your child.

Household contacts of your child who are fully immunized are not required to stay home as long as they have no COVID-19 symptoms.

Test Result

- Positive Test Result
- Negative Test Result

Get your child’s COVID-19 test result

- It may take 1 to 3 days to get your child’s test result

What to do

Your child can go to school, childcare, and other public places when:
- their symptoms go away
- it has been at least 24 hours since the symptoms started

If your child has been exposed to someone with COVID-19 go to ahs.ca/infoforclosecontacts.

Household contacts of your child are not required to stay home as long as they have no COVID-19 symptoms.

What to do

Your child can go to school, childcare, and other public places when:
- they feel well enough
- it has been at least 24 hours since their symptom started

If your child has been exposed to someone with COVID-19 go to ahs.ca/infoforclosecontacts.

Household contacts of your child are not required to stay home as long as they have no COVID-19 symptoms.