Your child does not have any symptoms and has been in close contact with a person who has COVID-19. Symptoms to watch for are:

- fever
- cough
- shortness of breath
- loss of sense of smell or taste
- chills
- sore throat or painful swallowing
- runny or stuffy nose
- feeling unwell or very tired
- feeling sick to their stomach (nausea) or vomiting or diarrhea
- unexplained loss of appetite
- muscle or joint aches
- headache
- pink eye (conjunctivitis)

**Advice**

Your child is legally required to quarantine for 14 days. This means that they must quarantine.

A COVID-19 test is recommended.

**Testing**

Decide if your child will get a test for COVID-19

- **Yes**
  - Book a COVID-19 test for your child
    - Online: [ahs.ca/testing](http://ahs.ca/testing)
    - By phone: Call Health Link at 811
  - Try to book a test that is within 24 hours of when you were told about the close contact

- **No**
  - Before you have your child’s test result

**Test Result**

Get your child’s COVID-19 test result

- **Positive Test Result**
  - If your child tests positive for COVID-19, someone from AHS will contact you.
  - Go to [ahs.ca/results](http://ahs.ca/results) for more information about getting your child’s COVID-19 test result

- **Negative Test Result**

**Next Steps**

**What to do**

Your child must isolate for 10 days from the date of their COVID-19 test.

Go to [ahs.ca/isolation](http://ahs.ca/isolation) for more information.

Household members must stay home and quarantine for 14 days from the last time they had close contact with your child.

If your child develops symptoms at any time during their 14 day quarantine, or after, they should be tested again for COVID-19. Go to [ahs.ca/parentcovidguide](http://ahs.ca/parentcovidguide) for what to do next.

Household members are not required to quarantine as long as your child has no symptoms.