

# COVID-19



## Seal checks for disposable KN95 respirators

A seal check can be done by placing both hands over the respirator itself, or by using a device provided by the manufacturer

- Put on the respirator
- Place both hands over the respirator. If there is a valve, block the valve with your hand
- Breathe in and out
- If you have a good seal, the facepiece should collapse slightly while you inhale
- As you exhale, you should not feel air leaking out
- If you have air leaks, check that nothing is obstructing (blocking) the sealing surface, adjust the nose piece or straps, and repeat the user seal check.

Do not wear a respirator that cannot pass the seal checks successfully.

We're in this together.  
We'll get through it together.

