Daily Fit for Work Screening Questionnaire for DSL, LTC and Hospice staff, volunteers, service providers and students (includes home care staff attending to DSL, LTC and hospice sites)

Overview

This tool was developed to support DSL, LTC and hospice sites and reduce the risk of transmission of COVID-19. **Staff, volunteers, service providers and students** are required to complete this checklist before entering the DSL, LTC or hospice site or prior to attending to work and if you develop symptoms while at work.

Any person who is a confirmed case of COVID-19 must not enter the site and must follow isolation requirements as per the current CMOH Order.

Screening Questions:

1. **Have you traveled outside Canada in the last 14 days AND have you been directed to quarantine?**

<table>
<thead>
<tr>
<th>YES</th>
<th>NO</th>
</tr>
</thead>
</table>

   **If you answered “YES”:**
   - Do not attend to work unless you have an authorized exemption from quarantine.

   **If you have travelled but are unsure about your quarantine requirements:**
   - Follow the [Government of Canada Travel, Testing, Quarantine and Borders](https://www.canada.ca/en/health-canada/services/traveling-abroad/travel-guidance.html) instructions, including any requirements for exempt travelers related to attending high-risk environments.

   **If you answered “NO”, proceed to question 2.**

2. **Have you had any known close contact* with a confirmed case** **of COVID-19 in the last 10 days?**

<table>
<thead>
<tr>
<th>YES</th>
<th>NO</th>
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   *Close Contact - means a person who, without the consistent and appropriate use of personal protective equipment, provides care to, lives with, or has close physical contact with, a person who is a confirmed case of COVID-19; or has come into contact with the infectious body fluids of a person who is a confirmed case of COVID-19.

   **Confirmed case - means a person who has had a positive result on a COVID-19 test that confirms the person is infected with COVID-19. Tests can be rapid antigen tests or molecular tests.**

   **Note:**
   - A health care worker in an occupational setting wearing recommended personal protective equipment is not considered to be a close contact.

   **If you answered “YES”, proceed to question 2a.**

   **If you answered “NO”, proceed to question 3.**

2a. **Are you fully immunized plus booster\(^1\) OR Are you either not fully immunized\(^2\) or are fully immunized\(^2\) and you have tested positive for COVID-19 in the past 21 days?**

   | YES | NO |

   **REMINDER:** Follow direction in the Alberta Health Services [Immunization or Testing of Workers for COVID-19 policy](https://www.albertahealthservices.ca/en/about/alberta-health-services/dispatch/immunization-testing-workers-covid-19-pol.html).
If you answered “YES”, proceed to question 2b.

If you answered “NO”, proceed to question 2b.

<table>
<thead>
<tr>
<th>2b.</th>
<th>Are you fully immunized(^2) AND have completed a rapid antigen test AND the result is negative?</th>
<th>YES</th>
<th>NO</th>
</tr>
</thead>
</table>

If you answered “YES”, proceed to question 3.

If you answered “NO”:
- Daily rapid antigen testing is required prior to each shift for 10 days following exposure.
- Do not attend work for 10 days from the last day of exposure.

<table>
<thead>
<tr>
<th>3.</th>
<th>Do you have any new onset (or worsening) of the following symptoms within the last 10 days?</th>
<th>YES</th>
<th>NO</th>
</tr>
</thead>
</table>
- Fever
- Cough
- Shortness of breath
- Runny nose
- Sore throat
- Chills
- Painful swallowing
- Nasal congestion
- Feeling unwell / fatigued
- Nausea / vomiting / diarrhea
- Unexplained loss of appetite
- Loss of sense of taste or smell
- Muscle / joint aches
- Headache
- Conjunctivitis (commonly known as pink eye)

*Note:
- Answer “YES” to this question if: you are fully immunized\(^2\) and tested positive for COVID-19 in the last 5 days or if you are NOT fully immunized\(^2\) and tested positive for COVID-19 in the last 10 days.

If you answered “YES” to question 3:
- Stay home or return home. Do not attend work.
- Use the AHS Online Assessment Tool or call Health Link 811 to receive additional information on testing and isolation.
- Individuals with fever, cough, shortness of breath, runny nose, sore throat or loss of sense of taste or smell are required to isolate as per the current CMOH Order:
  - If you are fully immunized, you must isolate for 5 days from the onset of symptoms or until they resolve\(^3\) whichever is longer. You must wear a mask for up to 5 days after your isolation period if you are outside of the home in a public place or otherwise in the company of other persons out of your household (no exceptions permitted) OR
  - If you are NOT fully immunized, you must isolate for 10 days from the onset of symptoms or until they resolve\(^3\) whichever is longer OR
  - Whether you are fully immunized or not, even if they have a negative molecular (e.g. PCR) COVID-19 test or two negative rapid antigen tests, taken not less than 24 hours of each other, they still must isolate until symptoms resolve\(^4\).

If you answered “NO”:
- You may attend to work.

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\(^1\) A fully immunized person who has also received an mRNA vaccine (i.e. a “booster dose”) after the recommended time interval AND more than 14 days have elapsed since receiving their “booster dose”.

\(^2\) A person who has received the complete vaccine series for COVID-19 and it has been 14 days after the second dose in a two dose series or after 1 dose of a 1 dose vaccine (e.g. Janssen). If you do not meet this criteria, you are considered NOT fully immunized.

\(^3\) Symptoms resolved means symptoms have improved and with no fever for 24 hours without the use of fever reducing medication.

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