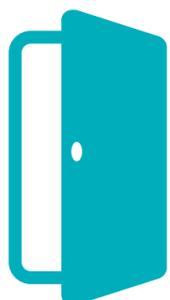


Tanisisi awîyak kanakateyimiht ōma ka âhkosiht COVID-19 wîkiht

(How to care for a COVID-19 patient at home)



Kîspin âhkosiht piyak wayawîstamâsowikamik ka âpacihtât
(If at all possible, try to ensure that the ill person has a designated bedroom and bathroom.)

Namoya okiyokêw ka pihtikwet wîkowin

(Visitors should not come to the home.)



**Metoni kanakateyehamihk otâhkosiw, âkawâyâhk cîkâhtaw ka
wecikapawestawat**

(Maintain social distance from the ill individual, as much as possible.)



**Namâwîyak otâhkosiw ka piminawatat ayisiyinowak ekwa otâhkosiw
namoya ka piminawaso ikotah peyakwan piminawasokamik ahpo
pîtos tipahikan ekwa kanachitaw piminawasokamik.**

(Do not allow ill person to prepare meals for others, and ensure that that ill person uses separate preparation area or at least prepares meals at a different time, washing all surfaces after.)



**Kiya omekinawewak oyakanak, sâpwâstêwiyâkan, minihkwachikan,
âpacihtikanak, pâhkohkwehon ekwa aspiskwêsimon.**

(Avoid sharing household items like dishes, drinking glasses, cups, eating utensils, towels and pillows.)

Kasichiche kahkiyipa asici kisepekinikan ekwa kisâkamicêwâpôs

(Wash your hands frequently, with soap and warm water.)



**Kahkiyipa kanacicikewin waskic, miciminikan, nîpiy itah
kohwayawekotek, sikewkamik, ekwa kahkiyipa samikewin.**

(Frequently sanitize all surfaces, particularly hand rails, door knobs, sink taps, toilets, and other items of frequent touching.)



**Kawihtamâtohk akwahonân ostostotamowin ekwa câhcâmowin
wiyawâw pihkipitnew, êkâya micihciy, ekwa awîyak
pahpeyakwan katotahk tahto kîsikâw**

(Advise loved ones to cover their coughs and sneezes with their arm, not their hand, and to practice good respiratory etiquette at all times)



**Pisiskêyihta kîspin mâtahpinen ekwa wapahta ahs.ca/covid otina
oyakihcikewin kispin kocihiwewin COVID-19.**

(Monitor yourself for symptoms and visit ahs.ca/covid to take a self-assessment to determine whether you should be tested for COVID-19.)