

Alert

Returning travellers

All Albertans returning from outside Canada should self-isolate for 14 days, even if well.

If you develop symptoms – cough, fever or difficulty breathing – stay home and call Health Link 811 for instructions and testing. Do not go to the ER or doctor's office. Call 911 for a healthcare emergency.

How to self-isolate:

Follow these self-isolation guidelines:

- avoid close contact with others, especially seniors and people with chronic conditions or compromised immune systems.
- do not go to work, school, social events or any other public gatherings.
- watch for symptoms like fever, cough or difficulty breathing.
- call Health Link 811 for testing if any symptoms begin.

Departing travellers

Given the rapid global spread of COVID-19, it is no longer possible to assess health risks for the duration of international trips.

Travel outside Canada is not recommended at this time.

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