Understanding what a positive COVID-19 test result means

COVID-19 test results can be positive or negative. A positive result means that the virus is present in your system. A negative result means that the virus is not present.

If you test positive, you must isolate yourself for 10 days. If you test negative, you can return to your usual activities after 10 days. However, if you develop symptoms after testing negative, you should isolate yourself for another 10 days.

It's important to self-isolate for at least 14 days after your last exposure to the virus.

For more information, visit ahs.ca/covid.