## Stick together. Stick with the facts.



**Vaccines are Safe.** Only vaccines that are proven to be safe, effective and of high quality are authorized for use in Canada. The COVID-19 vaccines have been rigorously tested during their development and carefully reviewed by Health Canada.

**Vaccines Work.** Vaccination is one of the most effective ways to protect your health. Scientific and medical evidence show that immunization can help protect you against COVID-19.



Emerging evidence shows first doses of the vaccine are at least 80 per cent effective at preventing severe illness and longer spacing between doses does not reduce the protection or duration of immunity for multi-dose products.

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AHS strongly encourages all healthcare workers to get immunized once they are eligible. Our goal is to aim for the stars and have 100% of our staff immunized. Remember to submit your COVID-19 immunization form after your final dose.

Which COVID-19 vaccine is the best? The first one that's offered to you. All the vaccines are proven highly effective in preventing serious illness and death even with just one dose.





ahs.ca/covid