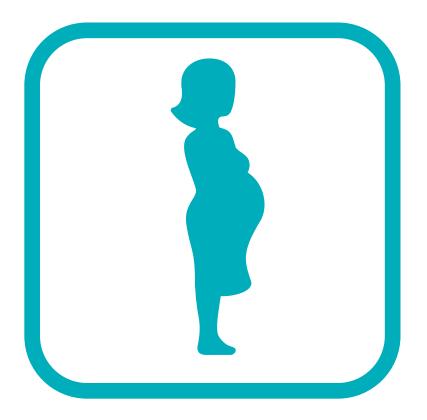# Vaccines & pregnancy

If you are pregnant, you can get the COVID-19 vaccine at any time during pregnancy.

Vaccines are safe and effective.

They lower your chance of becoming very sick from COVID-19 and spreading the virus to others, including your baby.

Learn more at **ahs.ca/vaccinepregnancy**

**We're in this together.
We'll get through it together.**

Alberta Health Services