Privately Joining a Zoom Group Session

In this document you will learn how to join a Zoom group session without sharing your name or identity to others in the session. When you join a group call you may not want your first and last name shown to everyone in the group. After reading this, you will be able to temporarily change your display name to better protect your privacy as directed by your health care provider.

Joining Privately from Your Zoom Account if you Already Have Zoom*

*If you don’t have the Zoom application (app), please go to page 2 for directions on ‘Joining Zoom Privately from an Internet Browser’

1.) Log in to Zoom.

2.) Select your image/initials at the top right of the screen.

3.) Choose ‘My Profile’ from the drop down list. This will open an internet window with more settings to choose from.

4.) Select to the far right of your name.

5.) Change your ‘First Name’ and ‘Last Name’ as directed by your health care provider.
6.) Select ‘Save Changes’.

Joining Zoom Privately from an Internet Browser

To attend a Zoom group session (when you don’t have a Zoom account) using an internet browser (i.e., Chrome, Explorer, Safari):

1.) Open an internet browser and go to https://zoom.us/join

Note: You’ll be asked to install the Zoom app or you can select ‘join from your browser” (if on a computer).

2.) Please enter your ‘Meeting ID’ and select ‘Join’.

3.) You will be asked if you want to open Zoom. Select ‘Open Zoom’.
4.) You will be asked to enter your name. Enter your 'Name' as directed by your health care provider.

5.) ‘Enter meeting password’. Select ‘Join Meeting’.

6.) You may will be placed in a waiting room and will get a message “Please wait for the host to start this meeting’.

   You can test the sound on your computer while you are waiting.

7.) If you are placed in the waiting room, your health care provider will admit you when the session begins.