

# Helping You Stay Connected

## Online tools for patients and families

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We understand it's hard not being able to support a patient in person, but visitor restrictions are necessary at this time to ensure the safety of all patients, families and staff. Here are some ways to help you stay connected.



Keep in touch using phone calls, texts or emails. Connect with your healthcare team to discuss options for receiving updates.



Connect “face to face” virtually using a video messaging service.



Send a message to a patient using Patient Well Wishes on ahs.ca.

