

# COVID-19

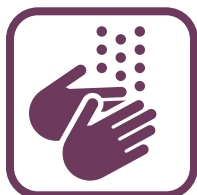
Please stop, think and act  
to keep us all safe



 SCAN ME

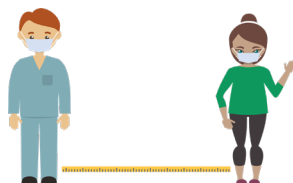
## Be fit for work

Complete Daily Fit for Work Screening before coming to work. Download the online screening tool with the QR code or visit [ahs.ca/fitforwork](https://ahs.ca/fitforwork). Contact your manager for more guidance.



## Perform hand hygiene often

Wash or sanitize your hands when you arrive at work and throughout your shift.



2 arms' length or  
2 metres/6 feet apart

## Keep 2 metres/6 feet apart

Physical distancing works; stay away from high foot-traffic areas.