**What are the risks of being infected with COVID-19 if I'm pregnant?**

(Serious complications related to COVID-19 infection are more common if you're pregnant than if you're not pregnant.)

- Serious complications related to COVID-19 can include:
  - Admission to the intensive care unit (ICU)
  - Death

If you become infected with COVID-19, you should consider the following:

- **ICU Admission:** Serious complications related to COVID-19 can include admission to the intensive care unit (ICU). There is a higher risk of needing ICU care if you are pregnant.

- **Neonatal Care:** If you become infected with COVID-19, your baby may need intensive care in the neonatal intensive care unit (NICU) if you require critical care.

- **Other Complications:** There is an increased risk of serious complications in pregnancy and newborns if you have COVID-19.

**Is COVID-19 vaccine safe in pregnancy?**

(Emerging evidence suggests that it's safe for you to get the COVID-19 vaccine.)

- The risk of getting COVID-19 and having serious complications is higher than the risk of being immunized during pregnancy.

For more information, please visit the COVID-19 Immunization in Pregnancy page on the Maternal Newborn Child & Youth Strategic Clinical Network website.
What are the benefits of getting the COVID-19 vaccine?

- The COVID-19 vaccine reduces the risk of hospitalization and death from COVID-19.
- The vaccine is highly effective in preventing hospitalization and death, especially among those with underlying health conditions.
- The vaccine can help protect others in your community, especially those who are at higher risk for severe illness.
- The vaccine can help you feel more confident about your health and the health of your loved ones.
- The vaccine can help you get back to the activities you enjoy, such as spending time with loved ones and participating in community activities.
- The vaccine can help you feel more secure about your future, knowing that you are taking steps to protect yourself and others.

Balancing what’s right for you

- Consider your personal health and circumstances, such as your age, underlying health conditions, and lifestyle.
- Consult with your healthcare provider to discuss your individual needs and risks.
- Consider the benefits and potential side effects of the vaccine.
- Consider the potential impact of not getting vaccinated on your community and others.
- Consider the potential impact of getting vaccinated on your community and others.

public health
What should I expect with a COVID-19 vaccine?

Anyone who is pregnant can now get a COVID-19 vaccine.

- Learn more about the COVID-19 vaccines here (ahs.ca/covidvaccine).
- Anyone who is pregnant can now get a COVID-19 vaccine.

When should I get the COVID-19 vaccine?

Anyone who is pregnant can now get a COVID-19 vaccine.

When should I get the COVID-19 vaccine?

Learn more about the COVID-19 vaccines here (ahs.ca/covidvaccine).