

COVID-19








(COVID-19)

Waxa laga filanayo tallaalkaaga COVID-19

(What to expect with your COVID-19 immunization)

Waxaan halkaan u joognaa inaan adiga ku caawino. Waa kan waxa dhici doona.

Inta lagu jiro balantaada waxaa:

-  Lagaa baarayaa aastaamaha COVID-19 iyo xaqiiqaha halista
-  Lagu weydiinayaa inaad jeermisdishid gacmahaaga, badeshid maaskarahaaga oo tusiisid aqoonsigaaga
-  Lagu fariisinayaa tallaalkaaga
-  Lagu ogeysiinayaa wax ku saabsan sida lagu tallaalayo iyo tallaalkee
-  Lagaa dalbanayaa inaad kor u laabto mid ka mid ah gacmaha shaatiga oo waxaa lagaa durayaa dhanka sare ee gacanta
-  Lagu siinayaa warbixinta ku saabsan sida aad dareemi kartid cirbada kadib
-  Lagaa dalbanayo inaad sugtid 15-30 daqiiqo bixitaanka ka hor

Sidaas ayay u fudutahay! Wixii macluumaad dheeraad ah ee ku saabsan tallaalkaaga, booqo ahs.ca/covid19.

**Waan ku wada jirnaa midaan.
Waan ka wada bixi doonaa.**

(We're in this together. We'll get through it together.)