

Guidance for Parents of a child who attended, staff who worked, or anyone living with a person who attended any of the daycares that were closed due to an E. coli Outbreak

Stool testing can be used to help identify individuals with STEC (E. coli). AHS contacts all individuals and families that have been exposed to this outbreak and provides specific testing guidance for these affected individuals. Use the following information to help you determine if you need to get testing.

The type of E. coli related to this outbreak is Shiga toxin-producing E. coli (STEC). Hemolytic Uremic Syndrome (HUS) is a complication of STEC (E. coli) that affects the blood and kidneys. Children under five years of age are at the highest risk. If you or your child tests positive for STEC (E. coli) it is important to seek medical care so a physician can evaluate and conduct additional testing to monitor for HUS.

For more information or to learn how to secure a stool test kit visit www.ahs.ca/ecoli, or scan the QR Code



Guidance

Seek medical care and testing.

Remain home until symptoms resolve for 48 hours and practice good hand hygiene.



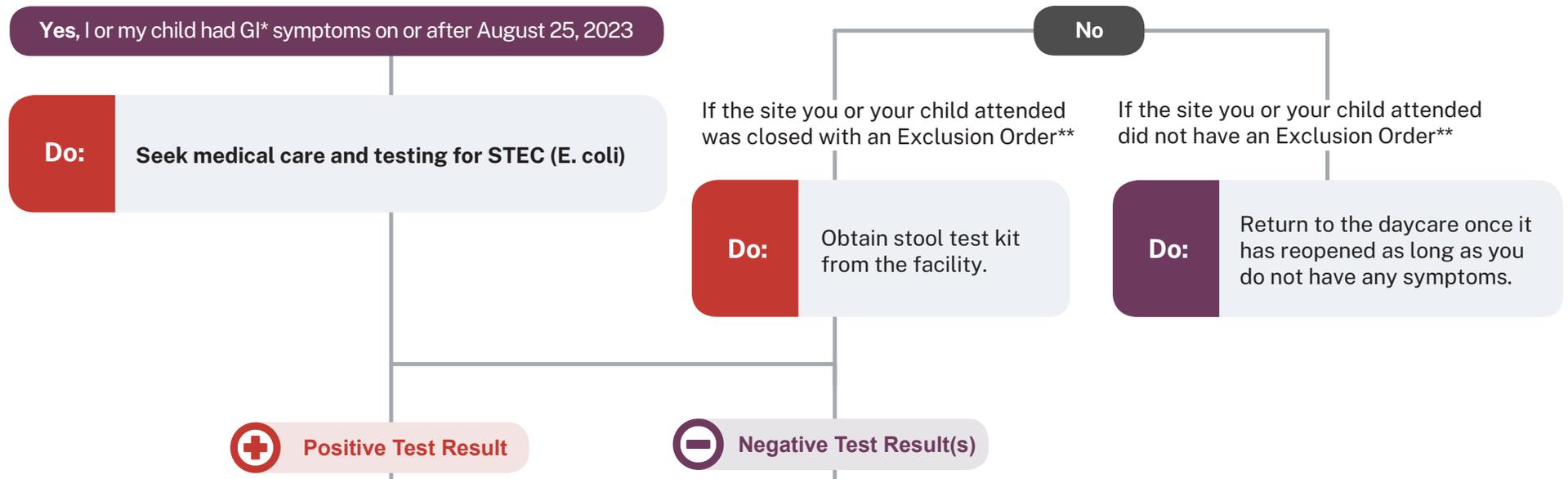
If children develop severe symptoms (e.g., bloody diarrhea), visit an urgent care clinic or an emergency department as soon as possible.

Gastro intestinal (GI) symptoms refers to diarrhea AND/OR nausea AND/OR stomach cramps AND/OR vomiting AND/OR fever without any respiratory symptoms.

Decide if you or your child should be tested for E.coli

Have you or your child had any GI symptoms*?

For a list of daycare sites with exclusion orders visit www.ahs.ca/ecoli



Next Steps

What to do
AHS will contact you by phone about next steps for care and support.

What to do
AHS will contact you by phone with a rescind letter to let you know you or your child can return to daycare. Some people may need more than one negative test result to be cleared to return to daycare or work.

FOR MORE INFORMATION
STEC Algorithms for Health Practitioners, Parents and Caregivers

*GI symptoms refers to diarrhea AND/OR nausea AND/OR stomach cramps AND/OR vomiting AND/OR fever without any respiratory symptoms.

**To be excluded means that you cannot return to a sensitive situation or occupation (work handling food; childcare or healthcare staff; and for children, attendance at a childcare facility or similar facilities) until you receive a rescind letter from AHS. See www.ahs.ca/ecoli for a listing of sites with exclusion orders.