Alberta (COVID-19) FAQs for Public

Alberta's AHS Emergency Coordination Centre (ECC) has been updated to reflect the most recent information. For more information, visit www.alberta.ca/covid19.

What's happening in Alberta?

www.alberta.ca/covid19

What is novel coronavirus (COVID-19)?

www.ahs.ca/covid19

What are the symptoms of COVID-19?

www.ahs.ca/covid19-19)

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COVID-19 and symptoms (What should I do if I have symptoms and think I have COVID-19?)

• COVID-19 may have symptoms which may not be severe. If you have symptoms and think you have COVID-19, call 911 if you are not able to reach someone at AHS to report your symptoms.

COVID-19 and testing (Should I be tested for COVID-19?)

- Call AHS at 1-811 to report your symptoms and to speak to a registered nurse. If you need to see a doctor, call 911.

How is COVID-19 spread from person to person?

- COVID-19 is spread through close personal contact, such as hugging or touching.

How can I protect myself and my family from COVID-19?

- Frequently wash your hands with soap and water, or use hand sanitizer.
- Avoid close contact with people who are sick.
- Cover your nose and mouth with a tissue when you cough or sneeze.
- Clean and disinfect frequently touched objects and surfaces.
- Stay home if you are sick.
- Wear a mask in public

What should I do if I have symptoms and think I have COVID-19?

- Call AHS at 1-811 to report your symptoms and to speak to a registered nurse. If you need to see a doctor, call 911.

If you have COVID-19, you may not have symptoms. However, you can still spread the virus to others.

- Avoid close contact with people who are sick.
- Cover your nose and mouth with a tissue when you cough or sneeze.
- Clean and disinfect frequently touched objects and surfaces.
- Stay home if you are sick.
- Wear a mask in public
I am worried about catching COVID-19. Should I wear gloves when outside of my house or in public places?

- Should I wear gloves when outside of my house or when in public (I am worried about catching COVID-19. Should I wear a mask if I have to leave my house or when in public?)

- Should I wear gloves when outside of my house or when in public (I am worried about catching COVID-19. Should I wear a mask if I have to leave my house or when in public?)
Why did AHS change the testing criteria?

If I require testing, can I receive my results by autodialer?

Did the criteria for COVID-19 testing change?
COVID-19 FAQs, Health Link Information | 5

What is AHS’ Process, following a Confirmed Case of COVID-19?

AHS’ Process, following a Confirmed Case of COVID-19 is as follows: AHS’ Health Link is open 24/7. If you have COVID-19 symptoms and are feeling sick, you should call Health Link at 811. If you cannot get through to Health Link, what do I do?

- Call 911 in the event of a medical emergency, such as chest pain, severe shortness of breath, loss of consciousness, or if someone is unresponsive.

- Call 211 for non-medical support, such as food, housing, or transportation.

- Visit the AHS website at ahs.ca/covid for more information.

I feel sick and I can’t get through to Health Link, what do I do?

- Call 911 in the event of a medical emergency, such as chest pain, severe shortness of breath, loss of consciousness, or if someone is unresponsive.

- Call 211 for non-medical support, such as food, housing, or transportation.

- Visit the AHS website at ahs.ca/covid for more information.

Who is most at risk for becoming very sick with COVID-19?

- People of older age (65+)
- Those with pre-existing health conditions such as diabetes, heart disease, lung disease, and cancer
- Those who are immunocompromised or are taking immunosuppressive medications
- Those who are pregnant
- Those who are healthcare workers

- People who work in essential services such as grocery stores, pharmacies, and other workplaces where they may be exposed to COVID-19.

- People who live in a shared household with someone who is at risk for becoming very sick with COVID-19.

- People who have close contact with someone who is at risk for becoming very sick with COVID-19.

- People who have a high risk of exposure to COVID-19 such as those who work in hospitals, long-term care facilities, or other settings where they may be exposed to COVID-19.

- People who have a high risk of exposure to COVID-19 such as those who travel extensively or work in high-risk environments.

- People who are healthcare workers or essential workers who must continue to work despite being exposed to COVID-19.

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COVID-19 Vaccine, Nudr, Aged 51

January 4, 2021

What are your recommendations for people who are immune compromised, have asthma or at high risk of severe illness for other medical reasons?

- If you have a fever or cough, please call your doctor or hospital immediately.
- Avoid close contact with others and stay away from hospital waiting areas.
- If you develop symptoms, such as fever, cough, or shortness of breath, please call your doctor before visiting the hospital.
- If you have symptoms and live in a care home, please call your doctor or hospital immediately.

When should I go to the hospital?

- If you have symptoms such as fever, cough, or shortness of breath, please call your doctor before visiting the hospital.
- If you live in a care home and have symptoms, please call your doctor or hospital immediately.

My loved one has or is being tested for COVID-19. What should I do if I live in the same house? Are there any precautions I should take?

- If you live in the same house as someone who has tested positive for COVID-19, please follow the same precautions as if you had tested positive yourself.
- Avoid close contact with others and stay away from hospital waiting areas.
- If you develop symptoms, such as fever, cough, or shortness of breath, please call your doctor before visiting the hospital.

Alberta Health Services

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https://www.albertahealthservices.ca
**COVID-19 ንህን ስራርዎች ከላት እንታት | 7**

**ዕለይ COVID-19 ከው ይታካሄ ከላል? (How does COVID-19 treated?)**

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**COVID-19 ያንክና ከታካሄ ከላል? (Are there vaccines to prevent COVID-19?)**

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 Amelia COVID-19 ከው ይታካሄ ከላል? (What does self-isolation mean?)

何ው ይታካሄ ከላል ከው ከዳለ የሚለወ ከላል ከው ይታካሄ ከላል። ከው ከማን ይታካሄ ከላል። ከው ከማን ይታካሄ ከላል። ከው ከማን ይታካሄ ከላል።

• Alberta (Alberta Health) : alberta.ca/covid19
• WHO : who.int
• CANADA : canada.ca
• 4/14/2020
COVID-19 (EVENTS and OTHER RESTRICTIONS)

What restrictions are in place, related to public spaces?

- Alberta.ca/covid19
Should I change or cancel my travel plans outside of Canada? (Is AHS prepared to meet the increased demands on health care in the event of a local outbreak of COVID-19?)

- AHS is Alberta's public health authority. They can be contacted at 811 or 1-800-943-6537 for more information.
- AHS is prepared to meet the increased demands on health care in the event of a local outbreak of COVID-19.

Should I change or cancel my travel plans outside of Canada? (Should I change or cancel my travel plans outside of Canada?)


What should I do if I have recently returned from travelling outside of Canada?

- If you have symptoms of COVID-19, call 811 or your local public health department.
- If you have been in close contact with someone who has COVID-19, self-isolate for 14 days.
- If you have been in close contact with someone who has COVID-19, wear a mask in public settings.

I was on a flight where there was someone who looked sick. Am I at risk?

COVID-19 cases, hospitalizations, and deaths | 10

Alberta Health Services

1490 3 Avenue S.W.
Calgary, Alberta T2P 4W9

411 10640 3 Avenue S.W.
Calgary, Alberta T3E 5V5


- Albertans who have returned from COVID-19-affected areas within the past 14 days should contact their local primary care provider or call Health Link 811.

- Albertans who develop symptoms or concerns should contact their local public health unit or call Health Link 811.

- Albertans who are planning to travel to COVID-19-affected areas should contact their local public health unit or visit the website to learn more about the latest travel health advice.

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