

ONLINE RESOURCES FOR SUICIDE BEREAVEMENT

Many organizations have developed resources, tool kits, and services to support suicide bereavement and grief. This listing is intended to demonstrate the types of resources available to service providers and the public through initial online searches and is not comprehensive. These resources are listed for informational purposes only. They have not been reviewed, and their inclusion should not be considered as AHS recommendations for support.

[After a Suicide: A Toolkit for Schools](#)

The American Foundation for Suicide Prevention in collaboration with the Suicide Prevention Resource Center developed this resource for school administrators to help in the aftermath of a suicide with best practices and tools.

[Canadian Association of Suicide Prevention: Normal Reactions to Suicide Loss](#)

The Canadian Association of Suicide Prevention created this resource to help individuals who are grieving from a suicide

[Canadian Mental Health Association](#)

The Canadian Mental Health Association has information and resources to help understand and prevent suicide.

[Guidelines to Assist in Responding to Attempted Suicide or Suicide by a Student](#)

The Australian Department of Education and Early Childhood Development created these guidelines to help school administrators when a student has attempted suicide or suicide by a student by providing a checklist of immediate and long term steps that should be taken to help the students.

[Riverside Trauma Center Postvention Guidelines](#)

These guidelines were developed by an organization in Massachusetts, United States as a resource for schools and other organizations that have experienced a death.

[Together to Live: A Toolkit for Addressing Youth Suicide in your Community](#)

The Ontario Centre of Excellence for Child and Youth Mental Health developed this resource for service providers who work with children and youth. It focuses on a community approach to prevent youth suicide.

[Tool Kit for Survivors of Suicide Loss and Postvention Professionals](#)

The Mental Health Commission of Canada developed the Tool Kit for Survivors of Suicide Loss and Postvention Professionals a source of high-quality, publically available resources. The Tool Kit encompasses a wide variety of topic areas.

[Toronto Distress Centre](#)

The Toronto Distress Centre's Resource Library provides a variety of resources on lived experience, mental health and suicide, suicide intervention, suicide postvention, and suicide prevention.

Here are some Alberta support groups for suicide bereavement:

- [Alberta Suicide Support Groups](#)
- [Canadian Mental Health Association - Edmonton Suicide Grief Support Program](#)
- [St. Albert Bereavement Fellowship](#)
- [Alberta Health Services Calgary Zone - Grief Support Program](#)
- [The Compassionate Friends of Canada - Alberta Chapters & Contacts](#)
- [Community Counselling Centre - Suicide Bereavement and Prevention](#)
- [Jewish Family Services Edmonton - Group and Personal Support Services](#)
- [Canadian Association of Suicide Prevention - Survivor Support Centres](#)

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