

# 10 Facts about alcohol, tobacco and other drug use

Compared to the average of all workers in Alberta, **construction workers** were more likely to:



- 1 use alcohol in dangerous ways, such as binge drinking
- 2 be at risk of harming themselves or others because of their alcohol use
- 3 say that alcohol use had a serious impact on the job performance of their coworkers
- 4 use tobacco
- 5 be heavy smokers (smoke more than 20 cigarettes per day)
- 6 say that smoking was allowed at their workplace
- 7 use illegal drugs
- 8 be at risk of having problems related to their drug use
- 9 say that street drug use is socially acceptable among their coworkers
- 10 say that drug use had a serious impact on the job performance of their coworkers

Source: Alberta Health Services, Addiction and Mental Health (2016). *Addiction and mental health in Alberta's construction industry: Summary report*. Edmonton, Alberta, Canada: Author. Find it at [www.mentalhealthresearch.ca](http://www.mentalhealthresearch.ca)

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