

## Evaluation Plan and Evaluation Framework

### What is an Evaluation Plan?

An evaluation plan is a written document that describes the overall approach or strategy that will be used to guide the evaluation. It includes information on:

- Why the evaluation is being conducted
- What will be done
- Who will do it
- When will it be done
- How evaluation findings will likely be used

(McDonald et al., 2001)

### Developing an Evaluation Plan

Writing an evaluation plan is the final step to planning an evaluation. An evaluation plan is a written description of the plan for carrying out the evaluation.

The plan should include a concise description of:

- the program and its goals
- resources and scope of the evaluation
- evaluation objectives and questions
- outputs, outcomes and measures
- data sources and data collection methods
- ethical considerations
- data analysis strategy
- timelines and anticipated reporting dates
- roles and responsibilities
- strategy for disseminating results and developing recommendations

An overview of some important elements of an evaluation plan is provided below.

#### ❖ **Determining program goals and objectives to inform evaluation objectives**

An evaluation plan should identify the objectives of the evaluation, which are statements on what the evaluation will achieve. Evaluation objectives are directly linked to the goals of the program being evaluated; therefore, to develop them, the program's goals and objectives need to be understood.

### ❖ Determining evaluation questions, outcomes and indicators

**Evaluation questions** are linked to evaluation objectives, specific program outcomes and measures or categories of outcomes and measures. Depending on the type of the program/initiative, evaluation questions may focus on:

- Planning and implementation issues (e.g., *how well the program was planned out and how well was that plan put into practice?*)
- Attainment of program objectives (e.g., *how well has the program met its stated objectives?*)
- Impact of the program on participants and/or community (e.g., *what difference has the program made to its intended targets of change or community as a whole?*)
- (KU Work Group for Community Health and Development, 2011)

Evaluation questions often address broad issues to be assessed. To operationalize them, the evaluator needs to determine what those questions mean in the context of the program and its evaluation, and how they will be measured. This can be achieved by identifying key outputs and outcomes that correspond to each questions and developing measures (indicators) for each one.

- **Outputs** refer to “*the size and scope of the services delivered or produced by a program*” (W.K. Kellogg Foundation, 2004, p. 8); for example, number of workshops and number of participants attending
- **Outcomes** refer to the changes in attitudes, behaviors, knowledge, skills, status, or level of functioning expected to result from program activities (W.K. Kellogg Foundation, 2004)
- **Indicators** are “*specific measures indicating the point at which goals and/or objectives have been achieved. Often they are proxies for goals and objectives which cannot be directly measured*” (Health Communication Unit, 2007, p.19).

As stated by Green and South (2006), “*Having good, clear objectives in place will make the job of selecting indicators much easier*” (p. 69). They further suggest that the expected outcomes of a program would need to be identified to guide the selection of the indicators of its success.

When developing indicators for an evaluation, the following expectations should be met:

- Measures (indicators) are relevant to outputs and outcomes that have been identified
- Measures (indicators) abide by ethical standards for research and evaluation (i.e., Tri-Counsel guidelines)
- Measures (indicators) must be valid and reliable

Both outcomes and indicators should be **realistically measurable**, and provide **useful information** (Patton, 1997).

### **Indicators continued:**

For program outcomes that are difficult to capture, the most relevant and practical indicators should be selected. Quite often, evaluators might have to opt for using indicators that only measure something indirectly. It is important that the evaluator acknowledges the limitations of selected measures when the findings are reported (Green and South, 2006, p.70).

Here are some examples of indicators that can be defined and tracked include measures of program activities and program effects:

#### *Examples of measures of program activities:*

- The program's capacity to deliver services
- The participation rate
- Levels of client satisfaction
- The efficiency of resource use
- The amount of intervention exposure

#### *Examples of measures of program effects:*

- Changes in participant behavior
- Changes in community norms, policies or practices
- Changes in health status and/or quality of life
- Changes in settings or environment around the program

It is important to note that:

- Multiple indicators are often needed to track the implementation and effects of a program.
- A program logic model can serve as a very useful guide for developing multiple indicators for an evaluation.
- Information about evaluation questions, outcomes and indicators is often captured in an evaluation framework.

(<http://www.cdc.gov/mmwr/preview/mmwrhtml/rr4811a1.htm>)

### ❖ **Developing evaluation methods**

Evaluation plans should describe how evaluation data will be gathered.

This section of the evaluation plan may include:

- A description of any participants
- Sampling techniques
- Participant recruitment strategy
- Consent processes and how ethical concerns such as confidentiality are addressed
- Data collection methods (e.g., interviews, focus groups, surveys)
- Whether collected data will be qualitative, quantitative, or both
- If data is extracted from an existing database, a description of the original database is to be provided
- If document reviews are used, an overview of how this is done and the nature of the documents being reviewed
- A description of any available baseline measures, if applicable
- Whether a literature review will be carried out, and if so, a description of the focus of the review and search strategy
- A description of how access to third party data will be negotiated, if the evaluation will involve a third party; as well as, description of any information sharing agreements, if applicable

#### **What are some potential sources of data?**

- Service recipients  
(e.g., program participants; community indexes for programs designed to improve community-level variables; artifacts produced by program participants or community members)
- Service providers  
(e.g., program staff and program records)
- Observers or people who are not part of the program  
(e.g., accreditation staff; evaluation staff; trained observers; people who have contact with the program participant(s) outside of the program and may be able to provide important information on improvements or problems)

#### **What are some of the methods for gathering evaluation data?**

- Written surveys
- Interviews
- Checklists
- Tests
- Summaries of records/documents
- Focus groups
- Extractions from administrative datasets (Posavac and Carey, 1997)

❖ **Defining roles and responsibilities and developing an evaluation timeline**

An evaluation plan needs to provide a description of **who** will do **what**, **when** and **how**? For instance, who will:

- Communicate the evaluation plan
- Carry out literature reviews/collect background information
- Develop tools, instruments, and consent procedures
- Collect, enter and analyze data
- Write-up and disseminate results

An evaluation plan needs to provide information about the timeline of the evaluation. In setting up the timeline for evaluation, consider:

- When the evaluation needs to begin
- An evaluation framework - useful in providing an overview of tasks that need to be completed in order to obtain the information needed for the evaluation
- Due dates for feedback and reports
- When the evaluation needs to end

**Evaluation Framework**

An evaluation framework is a tool used to organize and link evaluation questions, outcomes or outputs, indicators, data sources, and data collection methods. Below are two examples of different evaluation frameworks.

**Example #1**

The following evaluation framework captures information about the effectiveness of a problem gambling cognitive therapy intervention (several sessions over the course of few months) to reduce the frequency of problem gambling.

Program Objectives	Evaluation Questions	Indicators	Data Collection Strategy
To teach self-monitoring of gambling behavior	Did the client learn to self-monitor consistently?	Self-monitoring log	Gambling self-monitoring log reviewed weekly
	Were the clients able to identify the cues/triggers that elicit gambling urges?	Cues/triggers identified for treatment plan	Gambling Triggers Worksheet
To reduce number of incidents of problem gambling	Has the client gambled less frequently since participating in this program?	Number of gambling days versus non-gambling days	Gambling self-monitoring log

### Example #2

The evaluation framework depicted below captures information about the evaluation of a collaborative care model introduced to improve care for mental health patients.

Evaluation Question	Outcome	Indicator	Data Source	Target
What are patients/families/other care providers' experience with the program?	Patients spend less time in hospital	# of days in hospital for patients compared to baseline	Discharge Abstract Database	10% reduction in number of days in hospital per fiscal year
	Patients and families receive required support while under care	# and % of patients/families reporting they received adequate support  Patient/family narratives on the value of the supports they received	Patient/family feedback survey	75% of patients/families report receiving adequate support
What is the experience of service providers with providing collaborative care?	Service providers receive required information on the collaborative care service model	# and % of service providers reporting they received adequate information	Service provider survey	85% of service providers report receiving adequate information
	A range of service providers and stakeholders collaborate to supporting patients	# and type of service providers supporting patients  # and % of service providers reporting care was collaborative	Provincial database  Service provider survey	All patients receive collaborative care from multidisciplinary teams

## References

Canadian Institutes of Health Research, Natural Sciences and Engineering Research Council of Canada, Social Sciences and Humanities Research Council of Canada, *Tri-Council Policy Statement: Ethical Conduct for Research Involving Humans*. (2010). Retrieved from

[http://www.pre.ethics.gc.ca/pdf/eng/tcps2/TCPS\\_2\\_FINAL\\_Web.pdf](http://www.pre.ethics.gc.ca/pdf/eng/tcps2/TCPS_2_FINAL_Web.pdf)

Centers for Disease Control and Prevention [CDC].(1999). *Framework for Program Evaluation in Public Health*. Retrieved from

<http://www.cdc.gov/mmwr/preview/mmwrhtml/rr4811a1.htm>

Green, J. & South, J. (2006). *Evaluation: Key Concepts for Public Health Practice* (1<sup>st</sup> edition). Berkshire, England: Open University Press

Health Communication Unit (2007). *Evaluating Health Promotion Programs Version 3.4*. Health Communication Unit, Centre for Health Promotion, University of Toronto.

Retrieved from

<http://www.thcu.ca/infoandresources/publications/EVALMaster.Workbook.v3.6.08.15.07.pdf>

KU Work Group for Community Health and Development. (2011). Chapter 36, Section 5: *Developing an Evaluation Plan*. Hampton, C: University of Kansas. Retrieved from the Community Tool Box: [http://ctb.ku.edu/en/tablecontents/sub\\_section\\_main\\_1352.aspx](http://ctb.ku.edu/en/tablecontents/sub_section_main_1352.aspx)

Patton, M.Q. (1997). *Utilization-Focused Evaluation* (3<sup>rd</sup> Edition). Thousand Oaks, CA: Sage Publications

Posavac, E.J. & Carey, R.G. (1997). *Program Evaluation: Methods and Case Studies* (5th Edition). Boston: Prentice Hall.

W.K. Kellogg Foundation. (2004). *Logic Model Development Guide*. Retrieved from

<http://www.wkkf.org/~media/20B6036478FA46C580577970AFC3600C.ashx>

### Prepared by

Alberta Health Services – Addiction and Mental Health  
Community Treatment and Support  
Knowledge and Strategy