

# Healthy Schools Calendar

## April 2019

### Earth Day

We celebrate [Earth Day](#) every year on April 22nd. Earth Day Canada has a comprehensive play strategy for schools and educators called [Outdoor Play and Learning Program for Schools](#) (OPAL). Check out this resource and see what your school can do to support creative and diverse outdoor play experiences for students. Celebrate this great land by seizing every opportunity to play and learn outdoors! Consider the many ways your school can make every day Earth Day, helping the students learn and thrive in healthy environment.



Need support? Every school jurisdiction in Alberta has an assigned Alberta Health Services staff member to support [Comprehensive School Health](#). To find out who the contact is for your jurisdiction email: [healthychildrenandyouth@ahs.ca](mailto:healthychildrenandyouth@ahs.ca)

### Resources to Support Healthy School Communities

- [A Guide to Growing School Gardens in Alberta](#)
- [EarthPLAY for Schools](#)
- [Playing with Loose Parts](#)

### Funding Opportunities

#### Canada Post Community Foundation Grant

This grant supports school programs that will create a lasting change for children and youth. Grant funds will be allocated to projects that support health and/or education of children.

#### Take the Lead Grant

The Take the Lead Grant is intended to help Albertan girls and women become experienced leaders in sport and recreation. Grant funds can be used for training, course fees, professional development, professional certification, clinics, equipment, travel, lodging, meals, and other training-related activities.

# April 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 April Fool's Day	2	3	4	5 Canada Post Community Foundation Grant Application Due	6
7 World Health Day	8	9	10	11	12	13
National Volunteer Week						
14	15	16	17	18	19	20
21	22 Earth Day	23	24	25	26	27
National Dance Week						
28	29 International Dance Day	30 Take the Lead Grant Application Due	<p><b>NOW AVAILABLE - April issues of <a href="#">Healthy Children</a> and <a href="#">Healthy Teens</a> newsletter for parents (aussi disponible en Français).</b></p> <p><b>For resources to support building healthy school communities visit <a href="http://www.ahs.ca/csh">www.ahs.ca/csh</a></b></p>			