

Healthy Schools Calendar

May 2019

Outdoor Classroom Day

Exploring the natural environment is a fun and healthy way for students to learn, so why not take your class outside and celebrate [Outdoor Classroom Day](#) on Thursday, May 23rd? Take teaching outdoors and notice how kids get excited to learn, student behaviour improves, and learning thrives in an alternative learning environment. Consider the unlimited possibilities for connecting student learning to nature: can your class construct the ultimate survival shelter? Does nature help students regulate emotions and learn what calm feels like? Is student artwork inspired by the natural environment? As you notice how the natural environment supports student learning, think about how the values of outdoor classrooms could be embedded into the culture of your entire school and lead to greater benefits for the whole school community.



Need support? Every school jurisdiction in Alberta has an assigned Alberta Health Services staff member to support [Comprehensive School Health](#). To find out who the contact is for your jurisdiction email: healthychildrenandyouth@ahs.ca

Resources to Support Healthy School Communities

- [Five Minute Field Trips: Teaching About Nature in your Schoolyard](#)
- [Making Play a Key Part of the School Day](#)
- [Orange Marks the Spot](#)

Funding Opportunities

Alberta Native Plant Council Grant

This grant provides up to \$1000 for small scale native plant projects. Applications are accepted year-round.

The Environmental Actions Program

This grant is designed to help students initiate and run environmental projects. Some examples include: establishing and maintaining composting and recycling programs, growing community gardens, and installing solar panels. Applications are accepted year-round.

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>NOW AVAILABLE - May issues of Healthy Children and Healthy Teens newsletter for parents (aussi disponible en Français).</p> <p>For resources to support building healthy school communities visit www.ahs.ca/csh</p>			1	2	3	4
5	6	7	8	9	10	11
12 Mother's Day	13	14	15 International Day of Families	16	17	18
19	20 Victoria Day	21	22	23 Outdoor Classroom Day	24	25
26	27	28	29	30	31 World No Tobacco Day	