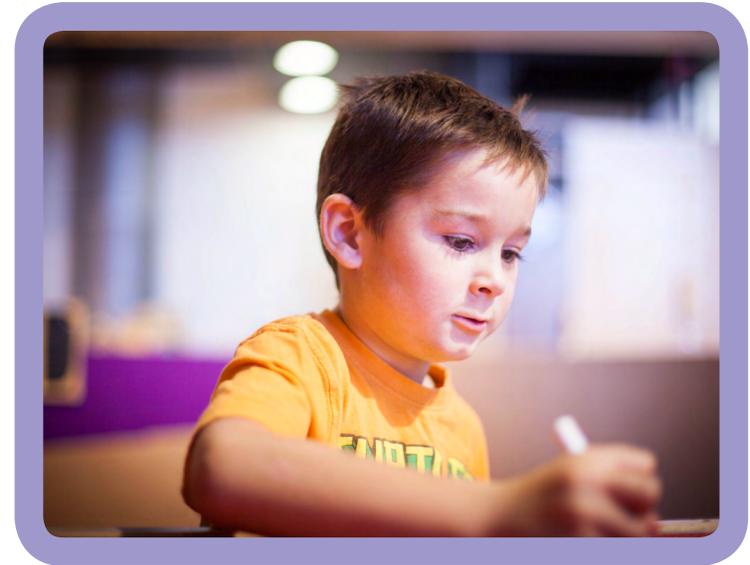


Healthy Schools Calendar

September 2019

Orange Shirt Day

Orange Shirt Day is a national movement to honour the survivors of residential schools in Canada. It's an opportunity for students, teachers, and all Albertans to come together in the spirit of reconciliation and hope, and to share the message that every child matters. This month, help your students to learn [the story of Phyllis \(Jack\) Webstad](#), whose orange shirt was taken away on her first day at a residential school. Then get them involved in planning a school-wide commemoration activity – try using art, music, literature, or outdoor activity. For ideas and inspiration, check out the official Orange Shirt Day [Facebook page](#) and the resources listed below. Share your experiences and keep the conversation going on Twitter - #OrangeShirtDay #EveryChildMatters.



Need support? Health promotion facilitators from Alberta Health Services are available to support every school authority in the province with [Comprehensive School Health](#).

To find out who the contact is for your school authority email: schoolhealthandwellness@ahs.ca

Resources to Support Healthy School Communities

- [Traditional Games and Physical Literacy](#)
- [Framework for Building Mentoring Relationships in Schools](#)
- [High School Teen Mentoring Handbook](#)

Funding Opportunities

The Grant Program

For kids with special needs, the path to getting active isn't always as simple as joining the local sports team or signing up for lessons around the corner. The Grant Program provides funding to support ongoing physical activity opportunities for children with special needs. Grants improve community access and help to remove some of the barriers preventing children from living active lives. Grant applications accepted starting on September 16.

MEC Community Grants

MEC community grants support organizations that can demonstrate their commitment to outdoor activity and/or environmental stewardship. Your project must focus on hiking, camping, climbing, skiing, snowshoeing, paddling, yoga, running or cycling. The grant cannot support in-class curriculum programs but does support after-school programs, clubs, or third party programs.

September 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Labour Day	3	4 MEC Community Grants Applications Due	5	6	7
8 International Literacy Day Grandparents Day	9	10	11	12	13	14
15	16	17	18	19	20	21 International Day of Peace
22	23	24	25	26 Terry Fox National School Run Day	27	28
29	30 Orange Shirt Day	<p>NOW AVAILABLE - September issues of Healthy Children and Healthy Teens newsletter for parents (aussi disponible en Français).</p> <p>For resources to support building healthy school communities visit www.ahs.ca/csh</p>				