

Healthy Schools Calendar

June 2020

Wheel Week

It's the perfect time of year to get moving and celebrate Wheel Week! [Wheel Week](#), June 1-5, is an opportunity to celebrate and encourage students to bike, skateboard or inline skate to school. Encourage staff to ride to work, even if it's part way. Leading up to Wheel Week, engage your Community Resource Officer to review bike safety, or consider how you might start a school bike share program. Celebrate participation and recognize your active Roll Models.



Need support? Health promotion facilitators from Alberta Health Services are available to support every school authority in the province with [Comprehensive School Health](#). To find out who the contact is for your school authority email: schoolhealthandwellness@ahs.ca

Resources to Support Healthy School Communities

- [The Canadian School Travel Planning Toolkit: Action Plan Inspiration Guide](#)
- [The Brain + Body Equation](#)
- [Perspectives on School Active Transportation](#)

Funding Opportunities

Environmental Actions Program

This program supports schools running student-led projects that make a measurable impact on energy use or the natural environment. Examples include composting and recycling programs, gardens, solar panels and water conservation initiatives. Applications are accepted year-round.

June 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6 National Health and Fitness Day
	Commuter Challenge * Canadian Environment Week * Wheel Week					
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21 National Indigenous Peoples Day Father's Day	22	23	24	25	26	27 Canadian Multiculturalism Day
28	29	30	<p>NOW AVAILABLE - June issues of Healthy Children and Healthy Teens newsletter for parents (aussi disponible en Français).</p> <p>For resources to support building healthy school communities visit www.ahs.ca/csh</p>			