

Self-assessment Pyramid Activity

Overview and purpose

This activity can help students understand the importance of leadership, recognize their personal leadership qualities and identify opportunities for building leadership skills. Use this activity in the classroom or with any group of students (e.g., school health team members, sports teams, school clubs).

Participants

Junior and senior high school students, adults

Time needed

20–40 minutes

Materials

- “Leadership Self-assessment Pyramid” handout (included), one copy per student
- Pencils or pens
- Flipchart, blackboard or Smart Board and appropriate writing tool



Instructions

A. Large group introductory discussion (5–10 minutes)

1. Ask students the following questions and record their responses on the flipchart, blackboard or Smart Board:
 - *What does leadership mean to you?*
 - *What are some good qualities you have seen in a leader?*
 - *What are some negative qualities you have seen in a leader? Are there times when these qualities might be helpful?*

B. Self-assessment activity (10–20 minutes)

1. Distribute the “Leadership Self-assessment Pyramid” handout.
2. Have students complete the handout individually.
3. Have students share their responses in a small group or in a large group (depending on the size of the group).

C. Large group debrief discussion (5–10 minutes)

1. Facilitate a discussion with students using the following questions, as well as any others you find beneficial:
 - *Why are leadership skills important to learn?*
 - *What opportunities are there for students to be leaders?*
 - *What are your strongest leadership qualities?*
 - *What areas do you want to develop?*

Source

Creating Sustainable and Active Leadership, originally adapted from Activities that Teach by Tom Jackson.

Leadership Self-assessment Pyramid

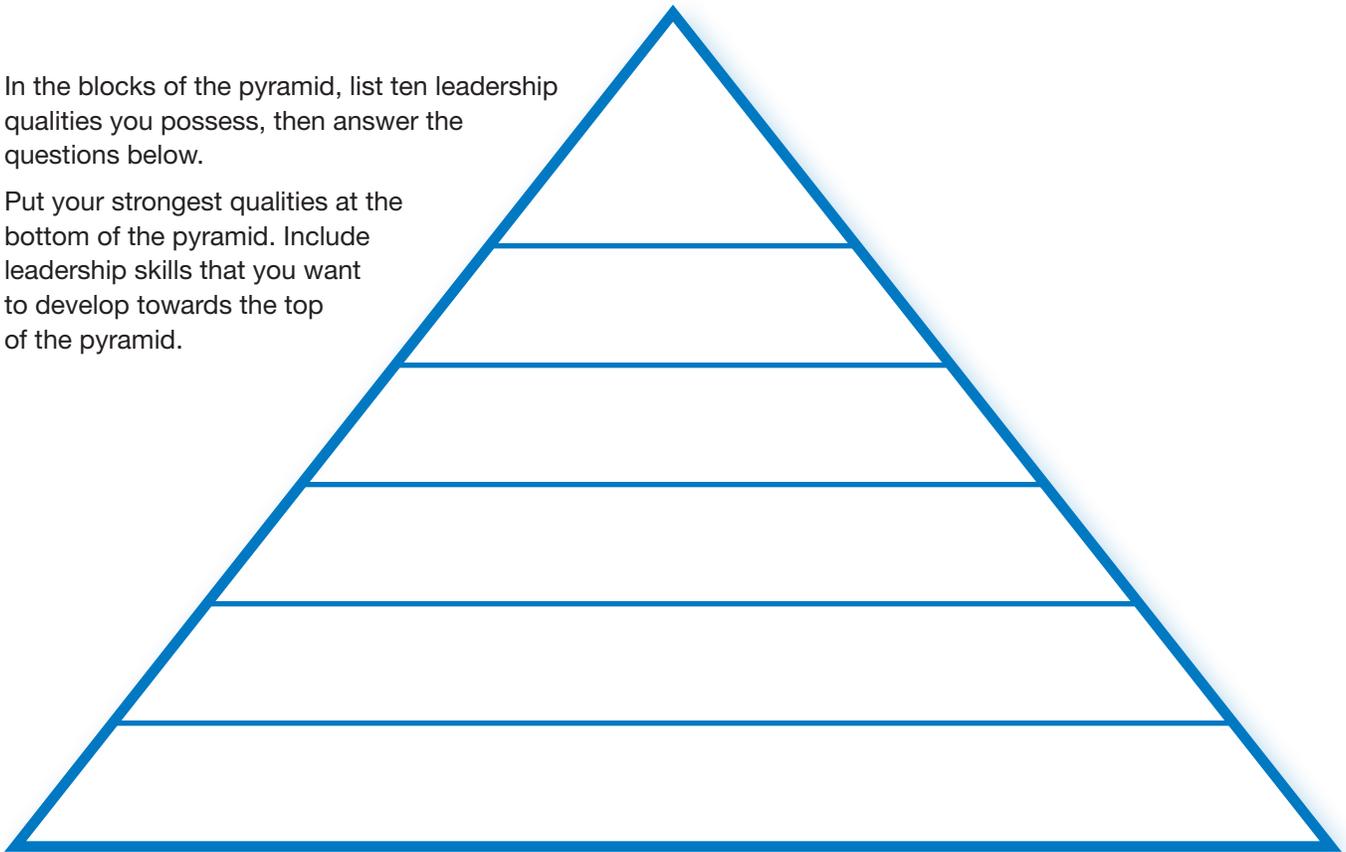
Name: _____

Date: _____

My leadership qualities

In the blocks of the pyramid, list ten leadership qualities you possess, then answer the questions below.

Put your strongest qualities at the bottom of the pyramid. Include leadership skills that you want to develop towards the top of the pyramid.



1. I think leadership is:
2. Leadership skills are important to learn because:
3. Some opportunities where I am a leader are:
4. My best leadership qualities are:
5. Leadership qualities I would like to develop are: