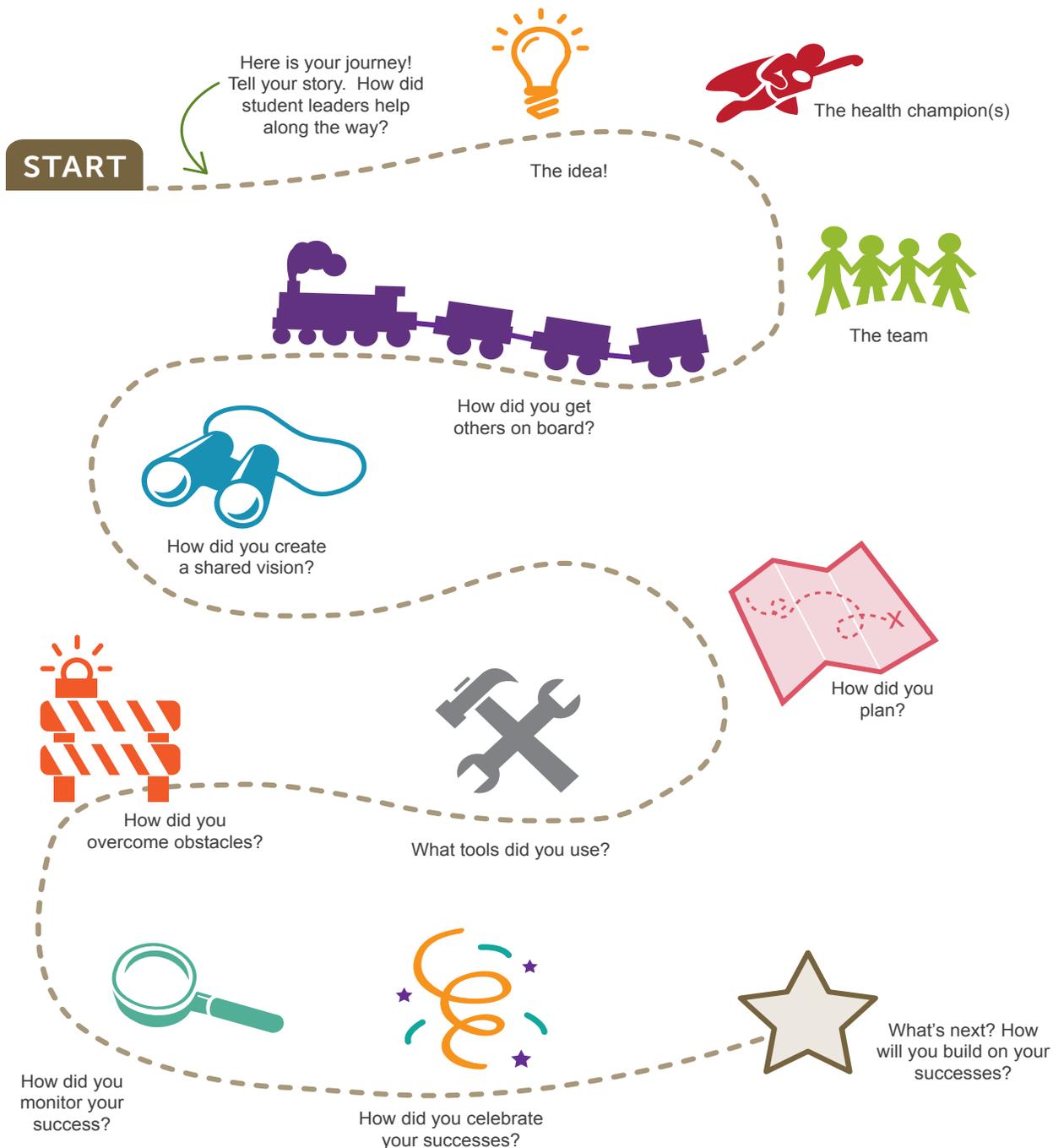


Tell Your Story: Template for Sharing Successes

Sharing school health success stories helps you recognize the many people who were involved in your initiative, celebrate your achievements, and maintain momentum into the future. This resource describes the details to include when sharing these successes and provides a template where you can record this information. For more information about why it is important to share successes and ideas of how to do this visit www.albertahealthservices.ca/7123.asp.

Share your story to help others understand what you did and why it worked well!



Template for Sharing Your Success Story



Use the following template to explain how you improved health and wellness in your school community!

Introduction

Describe your school community, your project name, and who was involved in leading the project.

Project Overview

Give a brief summary of your amazing initiative. Remember to focus on the process that was used and how student leaders were involved. For more information on why it is important to involve students as leaders in school wellness initiatives, visit www.albertahealthservices.ca/7123.asp.

The Journey

While you may have stopped at many of the points on the map, it's perfectly ok if you bypassed a few! Provide details about your specific journey and the steps you took along the way.

The Idea: Why did you decide to implement this project? What was the need? Did students play a role in the decision?

Health Champions: Who led the way?

The Team: How did you choose a team? Who was on the team? What roles did they play?

Template for Sharing Your Success Story (continued)



Gaining Support: What strategies did you use to get other people on board?

Shared Vision: How did you create a shared vision? How did you decide what you wanted to achieve? What process did you use to incorporate everyone's voices and ideas?

Action Plan: Did you set goals and determine strategies as a team? Were they SMART goals (Specific, Measurable, Achievable, Realistic and Time-related)?

Tools and Resources: What tools and resources did you find helpful? Where can another person find these resources?

Obstacles: What road blocks did you encounter and how did you overcome them? Who helped in this process?

Monitoring: What changes did you see as a result of your project? How did you measure or capture these changes?

Celebrate: How did you celebrate the successes of your project? What role did student leaders play in the celebration?

Next Steps: How will you apply the learnings from your project in the future? What is next on your journey in building a healthy school community?