

Background

The purpose of this list is to help teachers and schools promote a Comprehensive School Health (CSH) approach in a classroom setting. CSH is an internationally recognized, evidence-based approach for building healthy school communities. A healthy school community is one that supports the wellness of all of its members (e.g., students, teachers, staff, parents, administrators, community partners) and continuously strengthens its capacity as a healthy setting for living, learning and working.

This list is organized with two different categories of resources, 'Classroom Resources' and 'Supplementary Information'. The Classroom Resources can be used by the teacher in the classroom immediately and are applicable to teaching. Supplementary Information provides resources for teachers about a specific health topic.

This list is not meant to be an exhaustive list of resources available; but a selection of available resources reviewed by health professionals in Alberta Health Services. Please check with your local AHS contact for additional resources specific to your area. To find an AHS staff member who can support you, contact cshresources@albertahealthservices.ca

Questions or comments regarding this list can be directed to cshresources@albertahealthservices.ca. Please visit the [Teaching and Learning](#) section of the Alberta Health Services, [Comprehensive School Health Website](#) to see if there is a newer version of this list available.

Please Note:

The Provincial Teacher Resource List offers a selection of available resources reviewed by health professionals in Alberta Health Services (AHS). Teachers should always review content to determine appropriateness for their student population. If you are uncertain about the suitability of resources within your school, check with your administration.

AHS does not endorse or recommend any pharmaceutical company, commercial product, process, or service. The resources in this document are being presented as information only. This list is reviewed annually for accuracy of content.

Comprehensive School Health

Supplementary Information for Teachers

Alberta Health Services - The Comprehensive School Health Approach

Theme:	Healthy School Communities	A healthy school community is one that supports the wellness of all its members (students, teachers, staff, and parents) and strives to be a healthy setting for living, learning, and working. This website offers resources and tools that are designed to support teachers, students, school administrators, school jurisdiction staff, health professionals, parents, and community members in building healthy school communities. www.ahs.ca/csh
Of Interest:	Comprehensive School Health, Resources and Tools	

Alberta Healthy School Community Wellness Fund

Theme:	Funding	The Wellness Fund provides grant opportunities and school health resources including the Developing Healthy School Communities Handbook / Manuel Développement de Communautés Scolaires en Santé . www.wellnessfund.ualberta.ca FRANÇAIS
Of Interest:	Grant Opportunities	

Ever Active Schools

Theme:	Physical Education, Physical Literacy, Daily Physical Activity	Ever Active Schools is a provincial organization designed to assist schools in addressing and creating healthy school communities by providing teacher resources, presentations, professional development and more. www.everactive.org LESSON PLANS
Of Interest:	Lesson Plans, Videos, Professional Development	

Joint Consortium for School Health (JCSH)

Theme:	Healthy School Communities	The JCSH, a leader in supporting Comprehensive School Health in Canada, provides information, resources and tools. www.jcsh-cces.ca FRANÇAIS
Of Interest:	Resources, Toolkits, Assessment Tools	