

## Background

The purpose of this list is to help teachers and schools promote a Comprehensive School Health (CSH) approach in a classroom setting. CSH is an internationally recognized, evidence-based approach for building healthy school communities. A healthy school community is one that supports the wellness of all of its members (e.g., students, teachers, staff, parents, administrators, community partners) and continuously strengthens its capacity as a healthy setting for living, learning and working.

This list is organized with two different categories of resources, 'Classroom Resources' and 'Supplementary Information'. The Classroom Resources can be used by the teacher in the classroom immediately and are applicable to teaching. Supplementary Information provides resources for teachers about a specific health topic.

This list is not meant to be an exhaustive list of resources available; but a selection of available resources reviewed by health professionals in Alberta Health Services. Please check with your local AHS contact for additional resources specific to your area. To find an AHS staff member who can support you, contact [cshresources@albertahealthservices.ca](mailto:cshresources@albertahealthservices.ca)

Questions or comments regarding this list can be directed to [cshresources@albertahealthservices.ca](mailto:cshresources@albertahealthservices.ca). Please visit the [Teaching and Learning](#) section of the Alberta Health Services, [Comprehensive School Health Website](#) to see if there is a newer version of this list available.

### Please Note:

The Provincial Teacher Resource List offers a selection of available resources reviewed by health professionals in Alberta Health Services (AHS). Teachers should always review content to determine appropriateness for their student population. If you are uncertain about the suitability of resources within your school, check with your administration.

AHS does not endorse or recommend any pharmaceutical company, commercial product, process, or service. The resources in this document are being presented as information only. This list is reviewed annually for accuracy of content.

# Food Safety

## Classroom Resources

### Alberta Food Safety Facts Education Kit

Grades 7-12	Theme:	Food Safety	The Alberta Food Safety Facts Education Kit assists teachers in teaching simple food safety to students in basic food preparation courses. The kit includes PowerPoint presentations, activities, assessments, videos, games and a lesson plan. <a href="http://www.albertahealthservices.ca/info/Page2909.aspx">http://www.albertahealthservices.ca/info/Page2909.aspx</a> <a href="#">LESSON PLANS</a>
	Organization:	Alberta Health Services	

### Alberta Food Safety Basics Online Course

Grades 7-12	Theme:	Food Safety	This online, interactive course provides basic food safety information for students, volunteers and teachers who prepare food. A certificate, which can be printed or saved, is generated with the successful completion of the course. This certificate is recognized in the food industry across the province. <a href="http://www.ahs.ca/ephed">www.ahs.ca/ephed</a>
	Organization:	Alberta Health Services	