

Person-centred Medication Reviews

WestView Health Centre - Stony Plain

THE PROBLEM → TOO MANY MEDICATIONS!

NURSES gave MEDICATIONS 7-9 TIMES PER DAY.



Do I REALLY NEED ALL THESE PILLS?

CHALLENGES WERE IDENTIFIED, SOLUTIONS WERE PROPOSED

WHAT MEDICATIONS SHOULD WE BEGIN WITH?

WHAT MEDICATIONS HAVE MORE HARMS THAN BENEFITS?

WHAT ABOUT TIME CRITICAL MEDICATIONS?



LET'S AIM FOR 2-3 MEDICATION PASSES PER DAY!

WE GOT READY FOR A SMALL TEST.

EDUCATION ABOUT DEPRESCRIBING GUIDELINES

NEW DEFAULT MEDICATION TIMES!!

GO LIVE DATE

MEDICAL HARM REDUCTION

THIS WILL TAKE TEAMWORK!



Person-centred Medication Reviews

- 2 -

WE TESTED OUR PLAN

THE NURSE PRACTITIONER HAD DISCUSSIONS WITH PATIENTS AND FAMILIES.

MOST WERE AGREEABLE TO FEWER MEDS.

WHAT DO YOU THINK, DAD?



THE PHARMACIST REVIEWED MEDICATIONS.



THE NURSE PRACTITIONER BROUGHT RECOMMENDATIONS TO RAPID ROUNDS WITH DOCTORS.



A MAJORITY OF MEDS COULD BE GIVEN TWICE A DAY.

MORE TIME FOR HANDS-ON PATIENT CARE!

FEWER MEDS!

PATIENTS WERE MORE ACTIVE AND MOBILE!



EVENINGS WERE QUIETER WITH MORE TIME FOR PATIENT CARE.



NOW, MEDICATIONS ARE REVIEWED ON ADMISSION FOR ALL PATIENTS OVER 65.



PATIENTS WERE ABLE TO RETURN HOME ON FEWER MEDS!

